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Statesman

Editorial	4A
Health	6A
Arts & Entertainment	7A
Extra	8A
Humor	12A
On Campus	15A
Sports	1B
Rec Sports	4B
Classifieds	10B

New UMD housing okayed

Liz Welsh
Staff Writer

The University of Minnesota Board of Regents gave an unofficial go-ahead for the construction of new housing on campus.

According to Joseph Michela, director of auxiliary services, the new housing will consist of a combination of dormitory and apartment living.

"Right now we're looking at a number of different combinations. The plans that we decide on won't be anything like what we have right now," Michela said.

According to Michela, the options they are looking at include possibly building suites, or having two resident rooms with a private bath between them. "We will be

Dorms to 2A



Season's Greetings!

Photo • Curt Carlson

Jackie Waldriff (freshman) told Santa Claus all of her secret wishes when he visited Kirby Student Center on Monday.

A closer look at the ugly reality of habits out of control

The pain of alcoholism

Ada Fourie
Staff Writer

(This is the second article in a five-part series on various aspects of addiction and their impact on victims.)

Ann sat mesmerized. The muscles around her mouth tightened as the shock of recognition washed over her. The stories she was hearing sounded just like hers!

The other people in this group who looked so picture-perfect, had experienced the same abandonment, the same loss of childhood, the same sense of betrayal that she had felt in a home dominated by an alcoholic parent.

Scott was trembling inwardly as he clenched his fists. He was thinking of his own family.

For the first time he could actually break his shameful silence to spill the long-kept secret of his parents' alcohol abuse. It was difficult to speak. Yet, as he opened up, he could sense the acceptance of the others in the group and their respectful listening came as a tremendous relief.

The Anns and Scotts, and millions of others like them, are adult children of alcoholics.

Reared in homes in which one or both parents are alcoholic, they are united by the bondage of parental alcoholism.

This new generation of alcoholism victims are finding relief and support at Al-Anon and Adult Children of Alcoholics groups across the nation.



They can never be cured. The sometimes unbearable childhood experiences will always be theirs. They will always retain certain genetic, physiological and psychological vulnerabilities to the disease of alcoholism. But they can learn to monitor themselves and to live more meaningful, healthy lives.

Defining alcoholism is not easy. The general rule of thumb

is that a person is an alcoholic if he or she drinks; gets into trouble repeatedly as a result thereof (whether with family, career, class, health or the law); and yet persists to drink.

Alcoholism is a devastating, potentially fatal disease. Its primary symptom is telling everyone -- including yourself -- that you are NOT an alcoholic.

No one sets out to deliberately lose control and thereby become addicted. Alcoholism develops subtly and insidiously. If untreated, it becomes progressively worse and can ultimately be destructive.

According to the American Medical Association, an alcoholic who continues drinking has an average lifespan 12 years shorter than that of the non-alcoholic in our society.

The use of alcohol also interferes with an individual's learning ability. Studies on mice by Gerhard Freund at Gainesville, FL, showed that such interference can occur with amounts of alcohol equivalent to the "two martini lunch." Even if a person does not get drunk but drinks one or two cocktails a day, this may be enough to permanently affect

Alcohol to 3A

Help for renters

John Tripp
Staff Writer

Now there is help for renters of apartments, houses and duplexes who have problems. In Duluth there is now the Renters Hot Line. If a tenant is having problems, they can call for advice and information about their rights as tenants.

The Renters Hot Line was the brainchild of Claudia Maki of the Minnesota Client's Council. Of 100 cases she saw in Conciliation Court, 80

tenants' union.

Obtaining a grant from the Community Action Program (CAP), Maki set up an office and telephone in the Damiano Center on Fourth Street in Duluth. She also hired Angle Miller to field the calls.

The Hot Line started about three weeks ago. "I got about 50 calls the first three mornings the Hot Line was in operation," Miller said.

Any tenant of an apartment, house or duplex can call in with questions or complaints. Anyone interested in forming a tenants' union can also call the Hot Line.

The two main problems the Hot Line receives are about security deposits and general repair. "Sometimes tenants have trouble getting their deposits back. We advise them and if really necessary, refer them to Legal Aid," Miller said. General repair problems include broken stairways, leaky faucets, temperature problems, and such.

The procedure for a call is fairly simple. Miller answers the caller's question and advises them on their queries. She informs them of their rights as tenants. For some calls that have more difficult

Hotline to 2A



percent of them were tenant versus landlord disputes. She decided that to help these people, a tenants' organization could be formed with the ultimate goal of forming a

INSIDE A

New Health Section unveiled.

Health • 6A



INSIDE B

Special NIC Basketball Tourney Pullout Preview

Sports • 5B





The Stomping Grounds

Timothy Louis Franklin

"No one is to blame...but then again?"

Nixon's Watergate, Johnson's Vietnam, Kennedy's Bay of Pigs -- all are incidents used by the press for comparison to the Reagan administration's decision to sell arms to Iran. However, I believe that the comparisons are pointless because Reagan's decision to sell arms to Iran is good foreign policy shown by the United States. The liberal press with their "witch hunt" style tactics are ready to destroy the presidency and it is my goal to stop it right here.

I know the polls have shown Reagan's popularity decreasing of late, but this can be mainly attributed to a very biased press. They haven't had the opportunity to destroy Reagan in six years so this is their big chance. From recent press reports, I have read that some of them haven't had this much fun since Watergate.

What's more important -- fun by a

few choice journalists or the strength of America in the next two years? Many of them are still hung up on the Iranian hostage incident seven years ago. When one looks at this incident, they need to view it from a few angles that are not covered by the press.

First, it is of grave importance that we consider Iran's strategic position in the Middle East and its influence in the Islamic world. Before the Ayatollah Khomeini's takeover in Iran, this country was a "hotbed" for intelligence gathering. We lost a lot when he took over the country. Recently, Khomeini had a reported heart attack which could lead to a new influx of power in the Middle East.

We needed to convince the moderates in Iran that we will be their friends and I think we accomplished it. If we can stabilize the politics in the Middle East now, it could lead to peace in the future. It is

not an error for Reagan to look out for America's interest and also try to mend relations with a current radical government in this sensitive area of the world.

Secondly, one cannot overlook the amount of arms we sent to Iran. We sent a token amount of \$12 million in spare parts and defensive weapons. In this region of the world, we sell \$2.6 billion worth of arms a year. It hardly affects the balance of power in the region nor will it affect the outcome of the Iran-Iraq war.

Thirdly, and most important, we have to take a look at the DAMN liberal press assuming so many things. Last quarter, I learned the first rule of journalism is to never assume, but I have seen more than a handful of journalists do this of late.

There is the case of the press assuming that Reagan was trading arms for hostages. If hostages were released, it was accomplished indirectly by taking this action. He is trying to guard against the possibility of a Communist takeover in Iran. The world does not need another Afghanistan.

Then there is the assumption that Reagan knew about the profits made on the arms sale to Iran were going to the Nicaraguan Freedom Fighters. I always thought all Americans had the notion that a person is innocent until proven guilty. Obviously, many people in the press don't understand the concept.

This is not the downfall of the presidency; there will not be an impeachment of the president. This "kangaroo court" held by the press will soon be over. We need to look ahead to the future with our great president, Ronald Reagan, leading the way.

Lastly, I want to wish most of you an enjoyable Christmas vacation, but remember what we are truly celebrating. May every woman find her Prince and every man his Princess.

Franklin is a junior political science/economics major from Austin, MN.

Dorms from 1A

traveling around the country during the next month to try and find some new ideas," Michela said.

They are also looking at the possibility of installing computers in the rooms. If a student has a question about financial aids, they can use the computer for immediate access to the financial aids office rather than going down there.

The options right now are many. "We're speculating on building behind Lake Superior Hall right now," Michela said. Building there would leave open the future possibility of connecting into the concourse, and also the option of connecting into the Student Health Clinic and the Village Service Center.

"We have to check the ground and soil to see if it is strong enough to hold a building," Michela said. According to him, the building will most likely be built from brick and mortar.

The estimated cost is \$7 million. The Capehart complex was purchased for \$3.9 million and according to Michela, "Capeharts needs at least \$6

million worth of repairs; and if we would have purchased Capeharts, we're talking about spending at least \$10 million. And then we're still 1.7 miles from campus."

"We don't intend to lease from Thomas Crandall," Michela said. Crandall is the New Hampshire man who purchased Capeharts for \$3.9 million last month.

"Capeharts need at least \$6 million worth of repairs, and if we would have purchased Capeharts, we're talking about spending at least \$10 million. And then we're still 1.7 miles from campus."

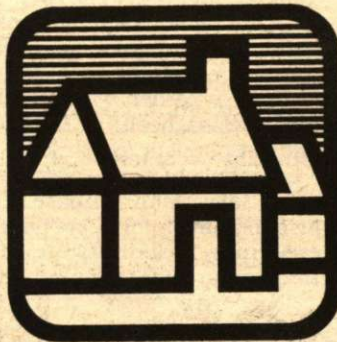
—Joe Michela

Students may be able to lease from him on a one-on-one basis, although nothing has been made formal yet. If

students are able to lease one-on-one from Crandall, "I would hate to see what they may have to pay for rent," Michela said.

There is a student group forming to help get input with the planning of the facility and also a student committee to work with Student Association.

Most campuses don't offer undergraduate apartments for single students. This is something UMD has created right here, according to Michela. "We know that most freshmen want to live in dorms. We have a waiting list right now for students wanting to live in the dorms," Michela said.



Hotline from 1A

problems, she refers them to Legal Aid.

Miller has a lot of advice, especially for students living off campus. "Carefully read your lease. Many people believe that you can't be evicted in the winter time. That's not true; you can. Try to walk through the unit with the landlord before renting. Point out and write down any and all problems ahead of time so both you and the landlord know what was wrong before you

moved in, and so the landlord knows that you did not cause them," Miller said. "If possible, take photographs of the place."

"When notifying the landlord of any problem or complaint, always write it down along with verbal notification. That way you have it (the complaint) in a tangible form," Miller said.

The Renters Hot Line is open from 9:30 a.m. to 12 noon on Tuesdays, Wednesdays and Thursdays. The phone number is (218) 722-6525.

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Alcohol from 1A

his/her learning ability.

Alcoholics drink not because they are depressed, not because they are scared, not because they are sad, not even because they are happy. They drink because they no longer have a choice. They have lost control.

A habit that first started simply because "others are doing it," has gotten out of hand. The substance is no longer used socially, but also in secret while the victim rationalizes that the substance is needed to get through the day.

Some individuals demonstrate an ability to tolerate greater amounts over time, though they achieve the same or lesser degree of "feeling good." Frequently, such increased tolerance is misinterpreted as a sign of safety or of "being in control."

This is one of the pitfalls of alcoholism, according to the Rev. John Husband, religious advisor at UMD. "Rather than dealing with the problem through acknowledgement and change, addicts turn to more of the chemical to fix the problem, because they feel it is the only thing they can trust," he said. "When the euphoria starts to wane, they may turn to suicide."

"It is incredible to see how insidious the process of alcohol addiction is," Husband said. "It may happen so gradually that the victim is unaware of it and, therefore, does not build up the ability to resist."

When fully developed, the addictive substance takes over any part of an individual's life where a higher power would normally operate, and controls the victim externally, Husband said.

Because of the strong delusionment that accompanies such addiction, it is very difficult to break through an addict's defense mechanism.

"That is one of the reasons why enforced treatment programs are only successful about half the time," Husband said. "The good news is that

even when an addict is not helped to break free, at least the system of delusionment is often cracked and the addict's awareness raised."

Those who work with alcoholics are unanimous that there are no unaffected bystanders. Alcoholism is an equal opportunity destroyer -- everyone in its path develops problematic patterns of behavior in their personal and

"Alcoholism is a devastating, potentially fatal disease. Its primary symptom is telling everyone -- including yourself -- that you are not an alcoholic."

social lives unless they attend to their own recovery.

As in the case of all addictions, the loved ones of an alcoholic suffer equally with the victim. Living with an alcoholic is an inconsistent, unpredictable, arbitrary, and chaotic existence.

People who have to put up with an alcoholic learn to lie for survival. They survive by suppressing their own feelings and building walls of resentment instead.

According to the National Association for Children of Alcoholics, adult children of alcoholics frequently are victims of incest, child neglect, and other forms of violence and exploitation.

They are prone to learning disabilities, attention deficit disorders, anxiety, suicide, eating disorders and compulsive achievement. A disproportionate number of those entering the juvenile justice system, prisons and mental health facilities are children of alcoholics, as are the majority of people served by employee

assistance programs.

The most shocking statistic for adult children of alcoholics is that over half of them become alcoholic. Unless this vicious generational cycle is broken by acknowledging and dealing with the past, it perpetuates itself.

"We are counseling people here at UMD who are from families of third-generation alcoholics," said Health Service Program Coordinator and Counselor Peg Mold.

As long as the children of alcoholics deny the pain and needs resulting from living with a parent's alcoholism, they will be unable to utilize all the resources and opportunities available for taking proper care of themselves in the present.

"It is as if there is a small, scared and abandoned child inside who has been untended for years," Mold said. "He or she huddles in a corner, weeping but trying not to disturb anyone; despairing of ever being taken up and held. To acknowledge alcoholism is to acknowledge the suffering of this child."

Suzanne's struggle to overcome her painful past is a case in point. Her father was an alcoholic.

"By the time I was six or seven years old, I felt responsible to keep our family together," she said. When her parents got divorced, Suzanne tried to cope with her overwhelming sense of failure by withdrawing from others.

"I lived inside my head most of the time, where I created a fantasy world of my own," she said. "The worst part was the feeling of total isolation and that nobody cared. In high school, there were only three things in my life that mattered to me: my cat, my teddy bear and my friend Helen -- in that order."

Suzanne waited throughout her growing years for the validation of others to help her overcome her painful sense of unworthiness and powerlessness, but it never came.

As an adult, it was not surprising that she couldn't form close relationships with

people. Too afraid to let down her guard and without any idea of what normal boundaries in relationships are, she turned to a support group at UMD for help.

The group's 12-step recovery program, similar to that used in Alcoholics Anonymous, helped Suzanne to face her past and deal with the problems it caused.

"I no longer blame my father for his alcohol abuse because I can now see that it was a generational thing -- he came from an alcoholic family and didn't know any other way of life," she said.

Instead, Suzanne is learning to adjust to life in a healthy way. "I finally feel that I am in charge of my life and that I am responsible for making right choices," she said.

One of the biggest pitfalls for a recovering alcoholic or co-dependent (a non-addicted family member) is the often well-intended switch to tranquilizers or other drugs to help the recovering alcoholic remain dry.

Before long, a fully developed addiction to the new

help numb her when she "came off" cocaine trips to get her going again afterward. She was shocked back into reality when she faced emergency surgery and the attending physician was afraid to administer anesthesia because of her severely damaged physical condition after years of extended chemical abuse.

The only safe and responsible position for an alcoholic who wants to begin and continue recovery is that of total abstinence from all mood-altering chemicals.

Alcoholism has a direct relationship to daily living experiences. It is imperative, then, for alcoholics to understand the social factors and forces that encourage people to drink or abstain in order to reduce their dependence upon alcohol as a means of coping with the pressures of modern life.

"Most support groups stress the need for taking moral inventory of one's life to foster awareness of one's weaknesses and strengths and so to help bring about a turnaround in behavior," Rev. Husband said.

The 12-step program used in such intervention programs was originally written by the Anglican priest who started Alcoholics Anonymous. Based on the Judeo-Christian belief system, it challenges the alcoholic or co-dependent victim's priorities in the light of the substance's addictive power.

Because it is imperative to intervene before a person "hits bottom" -- which may be death -- such groups often create an artificial crisis to encourage addicts to face the reality of their situation.

There are several support groups that meet weekly on campus to help students cope. Among these groups are RISE (helping people from alcoholic or otherwise distressed families cope); Al-Anon (supporting co-dependents from alcoholic families); and Adult Daughters of Alcoholics (specifically for adult children of alcoholics).

"People who have to put up with an alcoholic learn to lie for survival."

chemical may be discovered and the resulting depression may be sufficient to drive the victim back to drinking.

Alcohol is a central nervous system depressant drug. Since it is a brain depressant, therefore, its effects are additive to all the sedative and tranquilizer group. Using alcohol with sleeping pills is dangerous and sometimes fatal. A similar relationship exists between alcohol and antihistamines.

Nancy, a recovered alcoholic and drug addict, starting mixing drugs and alcohol to



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Editorial



Christmas holiday; a reminiscing time

Jerome Paul Guidinger

With a sub-zero chill in the air and the first snow accumulations frozen firmly on the ground, a renewed spirit has once again taken hold.

The time to share and the time to care now fills the hearts of many who realize their many fortunes and try to share them with others.

Christmas means sharing time with friends, so I thought I'd let some of my friends share their holiday thoughts and wishes with you...

Denise Holm, So., Lake Minniewauke, WI. "Christmas spirit means sharing time with my family together. It is also a time of love and caring...and also sitting by our player piano and singing songs."

Jane Staudohar, Sr., Duluth, MN. "Sharing peace and being in an unselfish, giving mood is important. Gathering around old friends and reminiscing about years gone by is a special time for me."

Bernard Lindner, Sr., Milwaukee, WI. "X-mas is watching the 'Grinch Who Stole Christmas.' But seriously though, it is a time of family togetherness and sharing what we have with each other."

Pat Scanlon (Hockey No. 21), Fr., St. Paul, MN. "Christmas is going home for four days, and seeing all of my relatives, especially my little brothers. It is a time when a lot of people put others ahead of themselves. I also think that if you buy something expensive for someone you should

NOT feel guilty, especially if it is for me...no, just kidding."

Mary Zgonc, So., Chisholm, MN. "Having the whole family together is kind of a tradition. The spirit of Christmas is a real exciting feeling unlike any other time of the year, it brings out the best in most people...going home, celebrating the season, and exchanging gifts is really what it is all about."

Barry Chyzowski, Fr., Edmonton, Alberta. "Christmas is a time to forget all of your troubles and get into the giving spirit. Putting the holiday into its proper perspective is important. Celebrating when Christ was born and rejoicing with happiness. From what I've seen so far the spirit of the season is the same here as in Canada. There is

a feeling in the air that kind of sweeps people off of their feet, a tingle that excites people about life."

Khai Regan, Fr., Edina, MN. "Being closer together to my family and friends, and sharing traditions is special. Decorating the house and celebrating the holiday with a majority of people brings everyone closer together. Some people are depressed and without family or friends. Realizing the plight of others and being sensitive about someone else is important."

Have a very Merry Christmas and a Happy New Year! Please travel safely...

Guidinger is Editor-in-Chief of the UMD STATESMAN and a senior from Milwaukee, WI.

LETTERS TO THE EDITOR

Letters to the editor and guest essays provide a forum for readers. Letters must be typed, double-spaced and signed with the author's name, year in school, major and phone number for verification purposes. Non-students should include other identifying information, such as occupation or residency. Anonymous and form letters will not be published. Letters must not exceed 300 words and must be received no later than Monday at 4 p.m. for Thursday publication. The STATESMAN reserves the right to edit obscene and potentially libelous material. All letters become the property of the STATESMAN and will not be returned.

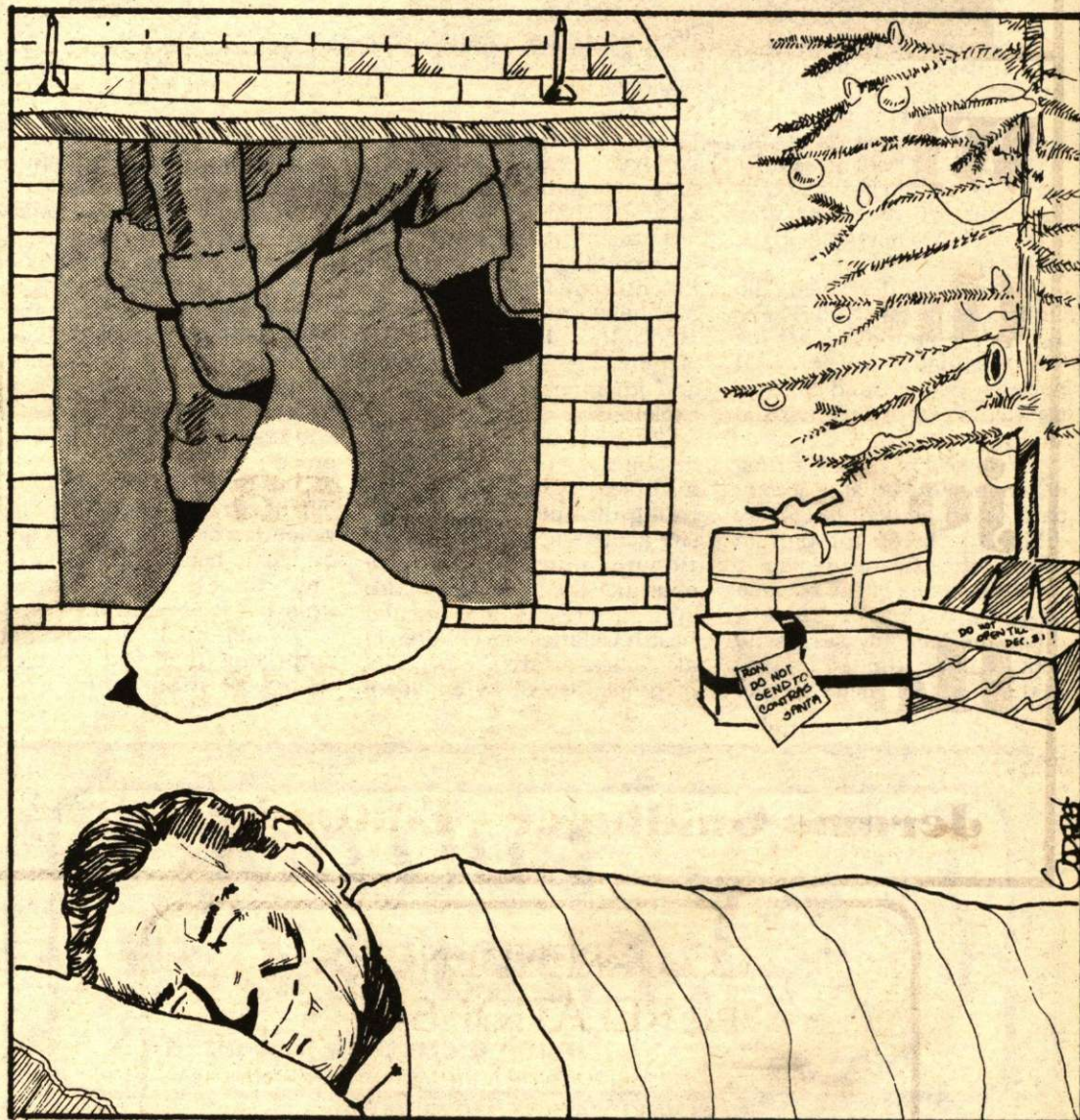
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LETTERS TO THE EDITOR

In Support of Women

Dear Editor,

There seems to be a stronger movement than ever to establish a true Women's Center on campus, and I'm glad to see it. The "Women's Center" you've passed in the library corridor is a valiant and positive effort to meet some of the myriad needs of women on campus, but a lot more could be done.

People drop in there every day -- hundreds of women in the course of an academic year -- to ask questions, share concerns, meet people, support each other in the often frustrating vicissitudes of college life. Many of these women are non-traditional, or older students -- some of them

single parents -- and for awhile the center was offering a strictly volunteer messenger service for emergencies -- for instance, if a student's child got sick at the day care center and had to be taken home.

The current center, sponsored by the Women's Coordinating Committee and staffed by work-study students, has organized brown bag lunch programs, published a newsletter, and helped to produce many special events like Women's History Week.

But a real, fully-funded center could do so much more! Better-organized information and referral services could be provided; the center could be a clearinghouse on services and programs, including financial aid, health, advisement, employment -- you name it! Groups like RAVEN (Rape and Violence End Now), WING

(Women in New Goals), women's 12-step groups, and others could meet regularly in the center and could network with each other. The center could serve as a link to the larger community and could develop programs to recruit and retain women students. Sexual harassment and assault education could be carried on here. Programs, lectures, conferences, appearances of notable women would be valuable additions to the academic and social life of UMD.

An adequately funded center with a full-time staff person would benefit the entire UMD community by making our campus a better, more human place to learn and work.

Jean Johnson
KUMD
130 Humanities

American way??

Dear Editor,

It has come to the attention of the College Republicans on the Duluth campus that the following piece of literature was distributed on the Morris campus prior to the elections this fall by the College Republicans representing that campus:

To All Americans:

As the 1986 elections approach, Americans face the choices that all Americans have faced and will face eternally in America. Thus we, as Americans, know that America is the home of

truth, justice and the American way.

America began as the home of many non-Americans who were kicked out of every decent non-American country in the world, primarily for their American ideals. As America heads into the 21st Century, the age of America will begin!!

We, the American College Republicans (the American Party) believe in America and those ideas brought forth in the American Constitution to represent America.

So, fellow Americans, the American choice is clear. You can choose us (Americans) or the weasel

Letters to 5A

Letters from 4A

party. (The un-American Party: ie, non-apple pie, anti-mom, and anti-baseball.) Are you going to be an American or an un-American small farm animal?

Now to the point, America. As you go to practice your American

right in our American elections, please be sure to choose the American way!

Thank you and God Bless America
UMM College
Republicans for America

E Pluribus UMM
We offer equal time for an opposing (un-American) view.

The Duluth Campus College Republicans wish to express that we by no means condone or participated in the drafting or distribution of this document.

Members of the American Party
Randy Rivers
President,
College Republicans-Duluth



**Wishing everyone
the very happiest,
joyous, and safe
Holiday Season.**

Jerome Guidinger - Editor-in-Chief

CO-DEPENDENCIES and RELATIONSHIPS

... An Important Workshop Dealing With the Patterns
of Relating to One's Self and Others.

Friday evening and Saturday January 16 & 17, 1987
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Non-credit Fee: \$20.00

Credit Fee: (1 quarter hour graduate credit) \$45.00

Psy 5990. Additional written assignment required.

Attendance necessary Friday and Saturday.

FRIDAY Free and open to the public. Registration starts at 5:00 p.m.; workshop 6:00 - 9:00 p.m.

SATURDAY ... Registration starts at 8:30 a.m. Workshop 9:00 - 4:30 p.m.

Sponsored by Continuing Education & Extension, The Dept. of Psychology, the Women's Studies Program, and Student Health Clinic,
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Join the gang at the Ground Round for a great evening of football. We will be featuring a free chili food bar and touchdown prices on our cocktails! FREE GIVE AWAY AT HALFTIME!

— THE FUN STARTS AT KICKOFF —



SEE YA
SOON!

Twin Ports Video King
\$700 Stereo Given Away
Tonight! (Dec. 18)

at the One and Only

**Fitger's
Tap Room**

Dance to "THE RAGE" 8:30-1:00

Next Week: "MYNX" returns and 10 new
qualifiers will be drawn FRIDAY THE 26TH for
2 complete memberships at The Court House

Health

Christmas spirit without spirits

Liz Welsh
Staff Writer

Make this holiday season a safe and happy one by being a responsible drinker. Now is the time of year when many of us are planning or attending parties. If you are planning a party the best way to avoid the possibility of drunken driving after a party is to take some practical steps before the party begins.

As the host or hostess, through careful planning, you can lessen the danger of alcohol abuse by the refreshments you serve and the way in which you serve them.

-Always serve food with alcohol.

-Have several jiggers at the bar, so mixed drinks can be measured.

-If you serve an alcoholic punch, make it with non-carbonated base.

-Have non-alcoholic beverages available for your guests.

-Don't force drinks on your guests.

-Stop serving alcohol about an hour before the party is to end.

These suggestions were taken from the Minnesota Prevention Resource Center.

But even under the best circumstances, there's always

the chance that some people will drink too much. When that happens, they become potential dangers to themselves and others. If one of your guests has been drinking too much, you should see to it that he or she does not drive. Here are a number of suggestions taken from the Minnesota Prevention Resource Center.

-Make the suggestion to your guest that you drive them home. They can always come back for their car at a later date.

-Suggest to your guest that he/she stay overnight at your home. This may involve some inconvenience for you, but you could be saving your friend's life.

-Try to take their car keys away if they insist on driving. You friend may resent it, but if they're too drunk to listen to reason, you must take charge.

-Physically restrain them if they insist on driving. It sounds a bit drastic, but if your friend is drunk, they must not be allowed to drive.

-Call a taxi and have your friend taken home. Pay for the cab yourself. Your friend can't object to a free ride home.

-When other measures fail, call the police to prevent his/her driving. You may be shocked by this suggestion, but any measure must be taken to prevent someone who has had too much to drink from

Drinks for driving

THIN 'N TONIC

- 3/4 cup quinine water
- Ice cubes
- Lime slice

Pour quinine water over ice cubes in glass. Squeeze juice from lime slice into drink; add lime slice to drink. 1 serving.

MEXICAN SUNSET

- Ice, if desired
- 1 cup orange juice, chilled
- 1/2 jigger (3/4 oz.) grenadine

Place several ice cubes in tall glass, if desired. Pour orange juice into glass. Add grenadine; allow to settle on bottom. 1 serving.

HOUDINI COCKTAIL

- 1/2 pint (1 cup) strawberry ice cream
- 1 cup milk
- 4 teaspoons bottled grenadine syrup
- Whole strawberries

In blender container, beat ice cream and milk until foamy and thick. Pour into glasses. Spoon grenadine syrup down inside of each glass, forming red layer at bottom of glass. Garnish with strawberries. 4 servings.

MINTY LEMONADE

- 12-oz. can frozen lemonade concentrate, thawed
- 1/4 teaspoon mint extract
- 1 to 2 drops green food color
- Mint leaves

In large pitcher, prepare lemonade concentrate according to label directions. Add mint extract and food color; stir until well blended. Serve over ice or ice ring. Garnish with mint leaves. 16 servings.

driving. There's little chance your friend will be arrested, and the sight of a police officer just might cause him to act a bit more rationally.

These are some of the

actions that other people have taken. But don't limit yourself to just these suggestions. Anything you can do to prevent someone who has had too much to drink from driving, is the right thing to do.

By remembering a few of these suggestions, there will be many more safe and happy holidays to enjoy.

Holiday Calories

Beef	
Rib roast (3 oz.)	210
Biscuit (2 in.)	105
Cakes (1 slice)	
Cheesecake	450
Chocolate w/fudge frost., 2 layer	435
Fruitcake	165
Candy	
Candy cane	140
Fudge (1 in. sq.)	75
Choco. mint, 1 1/2"	45
Popcorn ball	90
Cheese, 1 oz.	
Bleu	105
Cheddar	115
Chicken	
Fried w/skin, (breast & leg)	250
Roasted, no skin, (lt. meat, 4 oz.)	185
Cookies	
Macaroon, 2 1/2 in.	85
Sugar, 3 in.	80
Cranberry sauce (1/2 c. sweetened)	100
Eggnog, 4 oz.	
Plain	170
Brandied	335
Gravy, creamed, 2 T.	45
Ham, baked, 2 slices	315
Ice cream, 1/2 cup	130
Nuts	
Cashews, 18 med.	160
Walnuts, 14 half	185
Pies, 1/6 of 9 in.	
Lemon meringue	355
Mincement	425
Pecan	575
Pumpkin	320
Pork roast, 3 oz.	215
Potato, sweet	
Candied, 1 piece	140
Pudding, 1/2 cup	
Bread w/raisins	250
Plum	340
Rice w/raisins	195
Stuffing, bread	
1/2 cup	210

Dawn Vesovich
Health Editor

For most people the holidays are usually a time of happiness and cheer, filled with gifts, good food and happy memories. But for some people, this is not always the case.

For many, the holiday season brings loneliness, isolation and depression. For these people, suicide often becomes a permanent solution to their temporary problems.

Depressed people feel that they can no longer cope with their problems and that suicide may be the only way out. They don't realize the loneliness is only temporary and things do get better.

Usually there is a single upsetting occurrence, or a series of events which disturb and depress the individual. Some major crises of students are: death of a family member or a friend, the divorce or separation of parents, pregnancy, a change in living situations, breaking up with one's boyfriend or girlfriend, and money problems.

Often people who are contemplating taking their lives will give signals or signs of their intent. One signal alone does not mean that a person is suicidal. Several signs at one time, however, may mean that a person is seeking help and attention.

Some warning signs that a person may be contemplating suicide are: neglect of appearance, unusual change in

Holiday cheer may bring depression



schoolwork, withdrawal from people -- especially close friends, insomnia or oversleeping, weight loss or gain, putting oneself down, irritability and restlessness, angry outbursts at home or school, use of alcohol or drugs to escape from pain, and giving away prized possessions.

If you suspect that a friend or family member may be suicidal, there are several things to remember: trust your feelings -- if you suspect that something

is wrong it probably is, communicate your concern for their well-being, listen and show that you care, be direct -- talk openly and freely about their intentions, seek professional help, and stay with the person if you feel there is any immediate danger.

St. Mary's Grief Support Center has coordinated a community-sponsored project called Life! Be In It, which is emphasized yearly. Pamphlets and other information on

suicide and suicide prevention are available through the project as well as through a Suicide Survivors Support Group.

Suicide is a sad yet very serious concern. Your friendship and your actions could save a life. By knowing the warning signs and when and where to get help, you could prevent a needless, tragic death.

Arts & Entertainment

The Big Picture...

An American Tail

Alison Ege
Staff Writer

Looking for the perfect movie to see with a little (or not-so-little) friend this holiday season -- one that YOU won't sleep through? *An American Tail*, another winner from Steven Spielberg, is that film.

An American Tail is the story of little Fievel Mousekewitz, a mouse who ventures to America with his diminutive family in 1885, after the pillaging of their village in Russia.

The Mousekewitz family boards an America-bound ship where, beneath its lower level, Fievel's father and other rodentia sing of the oppression which they knew in their homelands from terrorizing cats. Fievel's father promises that

"there are no cats in America," and the mice go on singing of the land where "the streets are paved with cheese" (delightful).

However, tragedy soon strikes. During a storm at sea (wonderfully illustrated as a fiend with claws reaching for the teetering ship), Fievel is washed away from his precious Papa (this scene is a real tear-jerker). The Mousekewitz's joy at reaching America is lessened by the loss of their little son.

While the family goes through mouse customs at Ellis Island (where their names are Americanized), Fievel drifts in a glass bottle past the Statue of Liberty, which is the process of being built, and then into shore.

Movie to 11A

Christmas trivia trapped

Brian Pelletier
Staff Writer

Good morning, folks. Did we all have fun with the Christmas trivia? Those questions weren't so bad, were they? Not for big college people anyway. Well, maybe they were kind of tough, but judging by the turnout, a lot of people did a lot of work on them. Anyway, I'm pleased to announce that the winner is Pete Brummel who got eight out of 10 right. Here are the answers.

1. Right off the bat, a trick question. Nobody knew how many Wisemen there were. The Good Book just says "wise men from the east." It never says how many.

2. "The Night Before Christmas" was written by Clement Moore.

3. Here's another trick

question. Most people would say that three ghosts visited Scrooge on Christmas Eve: the spirits of Christmas past, present, and future. But there was a fourth spirit. Remember, the ghost of Marley came before the others to tell Scrooge that he would be visited by three more. The answer is four.

4. Boxing Day is the day after Christmas.

5. The first lit-up Christmas tree was owned by Martin Luther.

6. The leaves are green, the berries are white, but mistletoe flowers are yellow.

7. Christmas next year will fall on a Friday.

8. "Good King Wenceslas" looked out on the Feast of Stephen."

9. Santa Claus is a jolly old elf.

10. George Handel composed "Messiah."

Merry Christmas to all, and I'll see you next year with more trivia.



Addicted to Style

Judy McDonald

Q uick, slip on your Chipmunk Christmas album and let's get in the mood, you've got six days left to shop.

This week I would like to provide you with a few excellent gift ideas. While 'scamming' through my "12 Days of Christmas" list, keep in mind a few of these may catch you off guard. I'm simply testing you to see if you have mastered the meaning of fashion, or in this case, Christmas DO'S and DON'TS.

Let's take just a moment out to sharpen those splendid voices of yours. Sing as loud as you can, Happy Birthday to Lovely Charleen.

Okay, okay, you're ready now.

On the first day of Christmas my father gave to me, a subscription to *Gentlemen's Quarterly*.

On the second day of Christmas my mother gave to me, two leather gloves and a DA - DA - DA...

On the third day of Christmas my rich uncle gave to me, three Mercedes Benz' and DA - DA - DA...

On the fourth day of Christmas my boyfriend gave to me, four full-length furs, and DA - DA - DA...

On the fifth day of Christmas my cheap aunt gave to me, five - days - in - Solon - Springs, and DA - DA - DA...

On the sixth day of Christmas my neighbor gave to me, six discs a playin' and DA - DA - DA...

On the seventh day of Christmas my sister gave to me, skirts sleek and slimmin' and DA - DA - DA...

On the eighth day of Christmas my neighbor gave to me eight scarfs of silken, DA - DA - DA...

On the ninth day of Christmas my roommate gave to me, nine guys-a-dancin', DA - DA - DA...

On the tenth day of Christmas grandma gave to me 10 ties worth keepin' and DA - DA - DA...

On the eleventh day of Christmas my brother gave to me, Okay, I've been sitting here for two hours now and still can't find anything that rhymes with "11 pipers pipin'," so if you can, please let me know and DA - DA - DA...

On the twelfth day of Christmas my creditor gave to me, 12 bills a comin' and DA - DA - DA...



DO: Coach Race, if your team dressed in half-shirts like Tim Barnum does on the court, your attendance would increase dramatically.



DON'T: Let's not over do it with the goatee, fedora combination. And perhaps it's about time for a haircut.

Are you dancin' on your countertop yet? Well, come on, grab your Egg Nog, let's jam. But this time pretend you're Pee Wee Herman.

Actually I have come up with a few good gift ideas. How about a professional facial and manicure? Just think how great you could look for that New Year's Eve party, or perhaps save it until June when that fifth year reunion rolls around.

For the guys, a gift certificate for two hours of chauffeured limousine service. You simply map out your evening in downtown Minneapolis, going from one nightclub to the next. A tip for the women, find a friend to go in on it and you have four hours of fun and frolick at the tip of your checkbook. Oh come on, you are only young and single once in your life; you've got to learn to splurge!

In regard to the DO'S and DON'TS, I would like them furnished by you, the reader. I would like each and every one of you to drop off a DO or DON'T at the STATESMAN office, and I will publish the winning DO and DON'T of the week. The winners will receive an all-expense paid trip to Paris and go on a \$10,000 shopping spree! Okay, so maybe there won't be a trip to Paris but I would appreciate your participation. To make things a little more exciting, drop off a picture and we can even cover the victim's eyes like they do in *Glamour*.

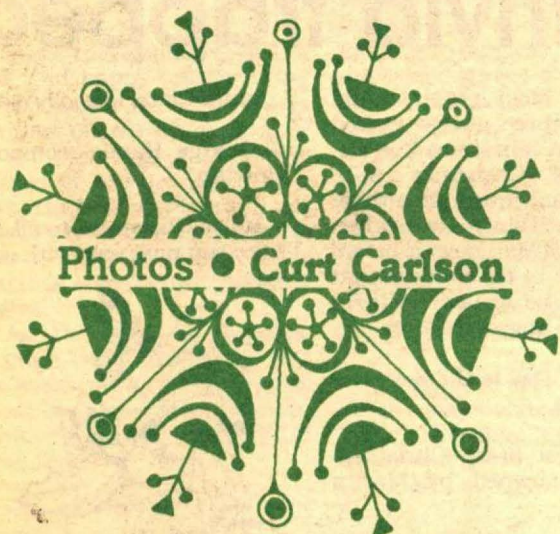
Before you run off to the STATESMAN office, I would like to thank Bob Nygaard and Karen Stromme for their assistance on the "12 Days of Christmas" list. And last, but not least, my brother, Stephen 'Pee Wee Grunt-a-lunt' McDonald, for coming up with the title "Addicted to Style."

I wish you the Merriest of all Christmases and the Happiest of all New Years.

McDonald is a senior communication major from Burnsville (Holy Angels High School) Minnesota.

Extra

Frischliche Weihnachten

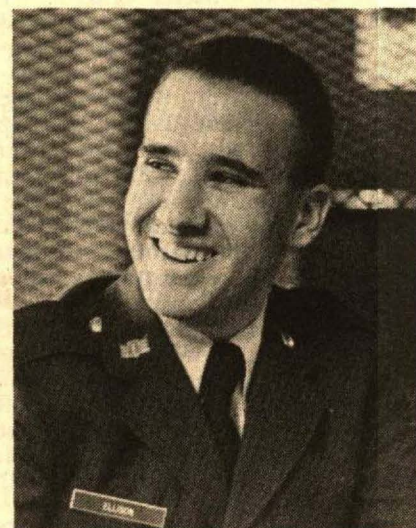


聖誕快樂
聖誕快樂



GOD JUL

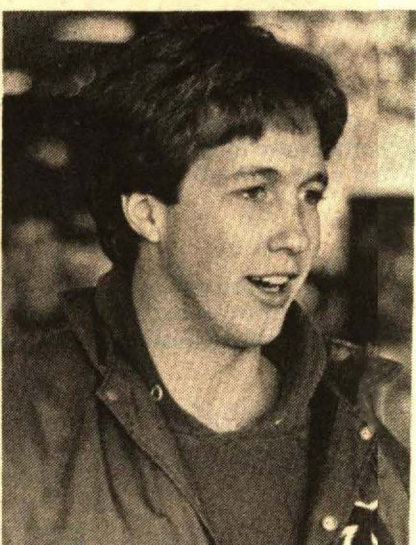
What do you want for Christmas?



Dan (Rambo) Ellison
Soph./Undecided
"My pilot's license or Jackie -- either one."



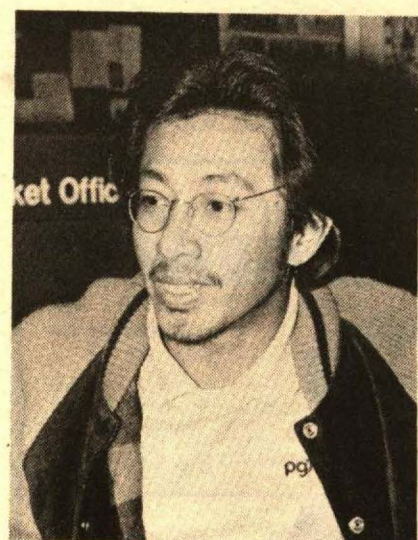
Verna Richardson
Fac. Reservation Desk
"I would enjoy a VCR -- we don't have one right now."



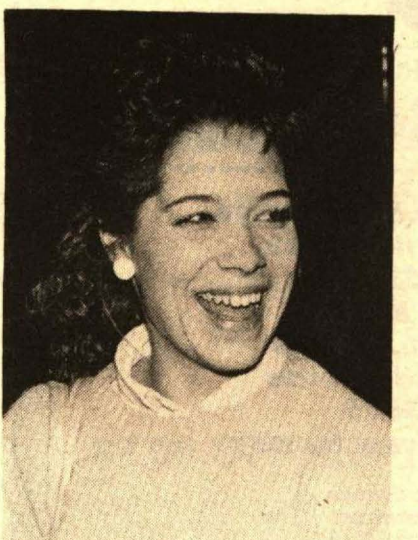
Brian Hartman
Senior/Accounting
"A beautiful blonde sliding down my chimney (with plenty of toys)."



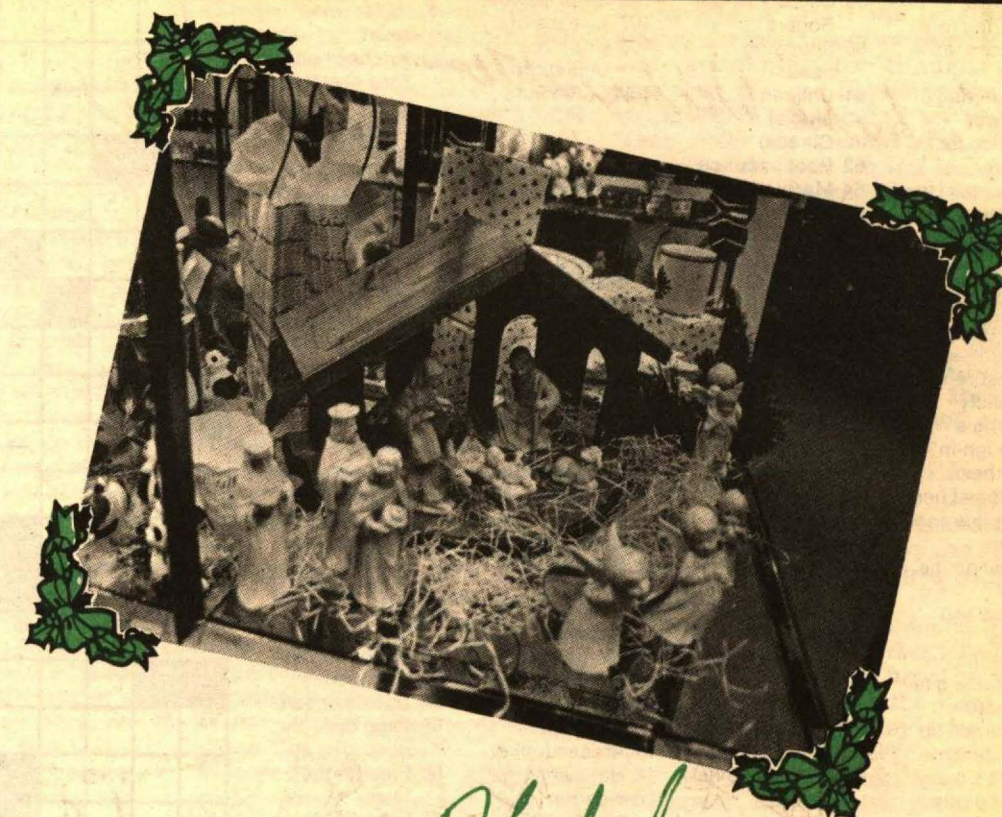
Nancy Lawien
Food Service
"A trip to Hawaii."



Syed Faisal,
Senior/Mathematics
"I hope there will be peace throughout the world."



Val Salo
Sophomore/Undecided
"I would like a major, umm, make that a tan."

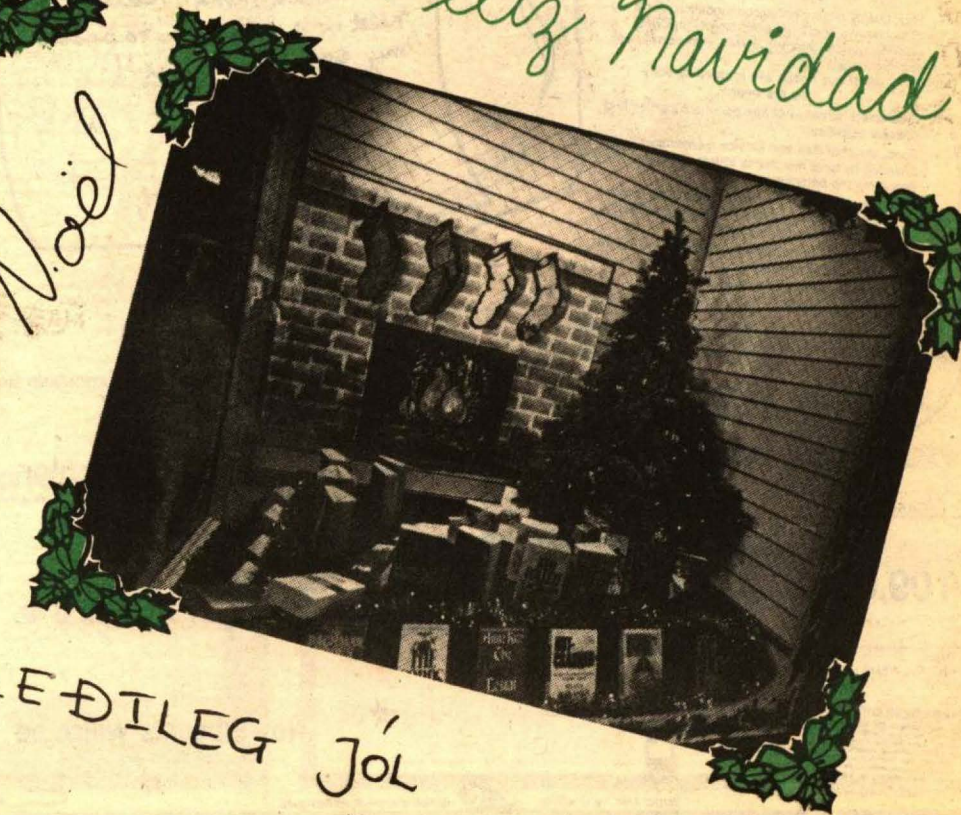


Selamat Hari Natal

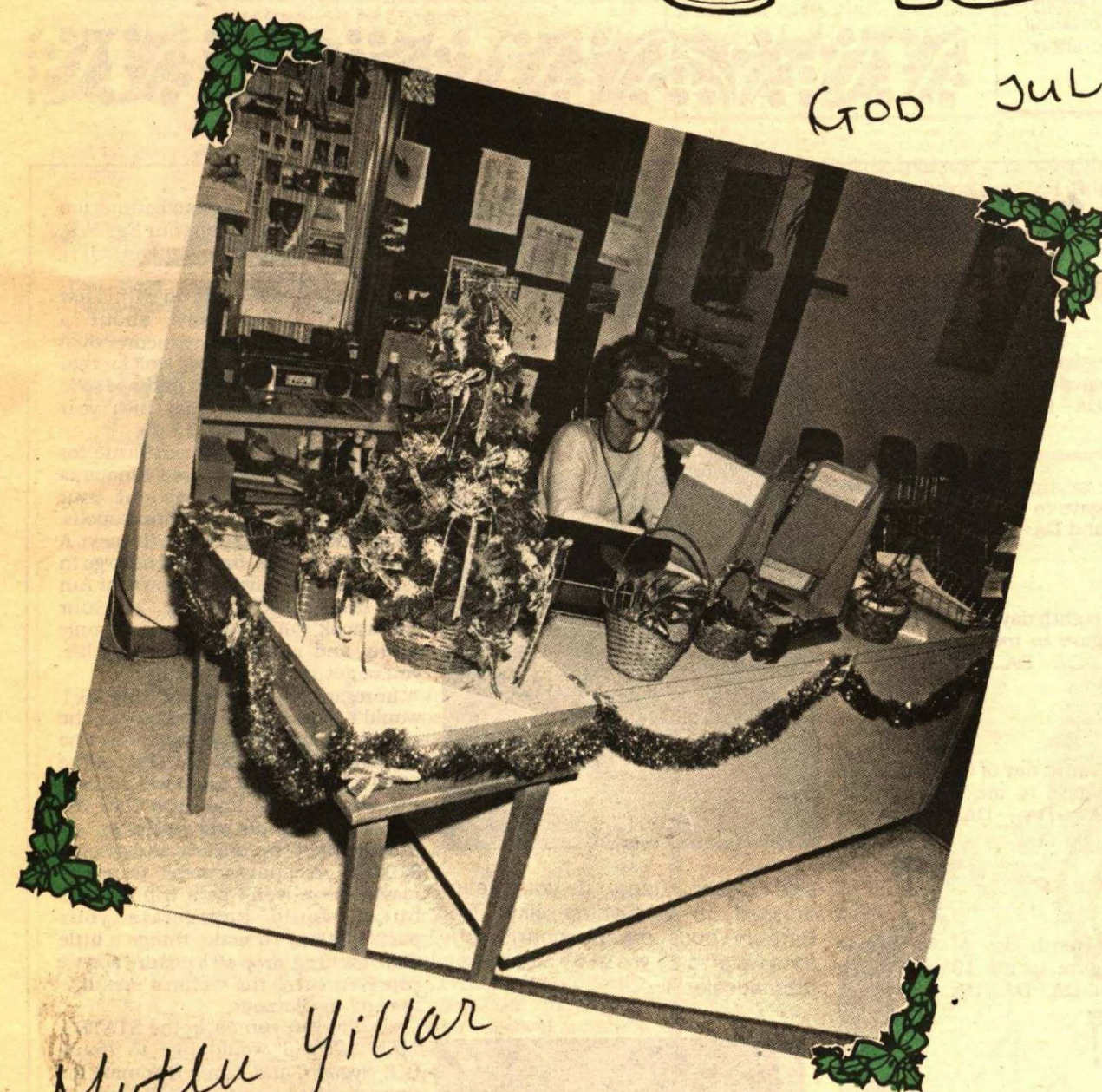


Feliz Navidad

Bon Noël



GLEÐILEG JÓL



Mutlu Yillar

Oh, What a Merry Christmas!

Pictured clockwise from above photo: In the Student Employment Office, secretary Audrey Clarke is hidden by many Christmas decorations. A manger scene is displayed in the Main Street Store, some of the many Christmas items on sale there. Dr. Clyde and Mrs. Jean Olson of 2029 E. Superior Street display their Christmas spirit with a Santa-look-a-like on their house. Second Edition also gets into the Holiday Spirit with the Home Sweet Home atmosphere.

Feliz Natal

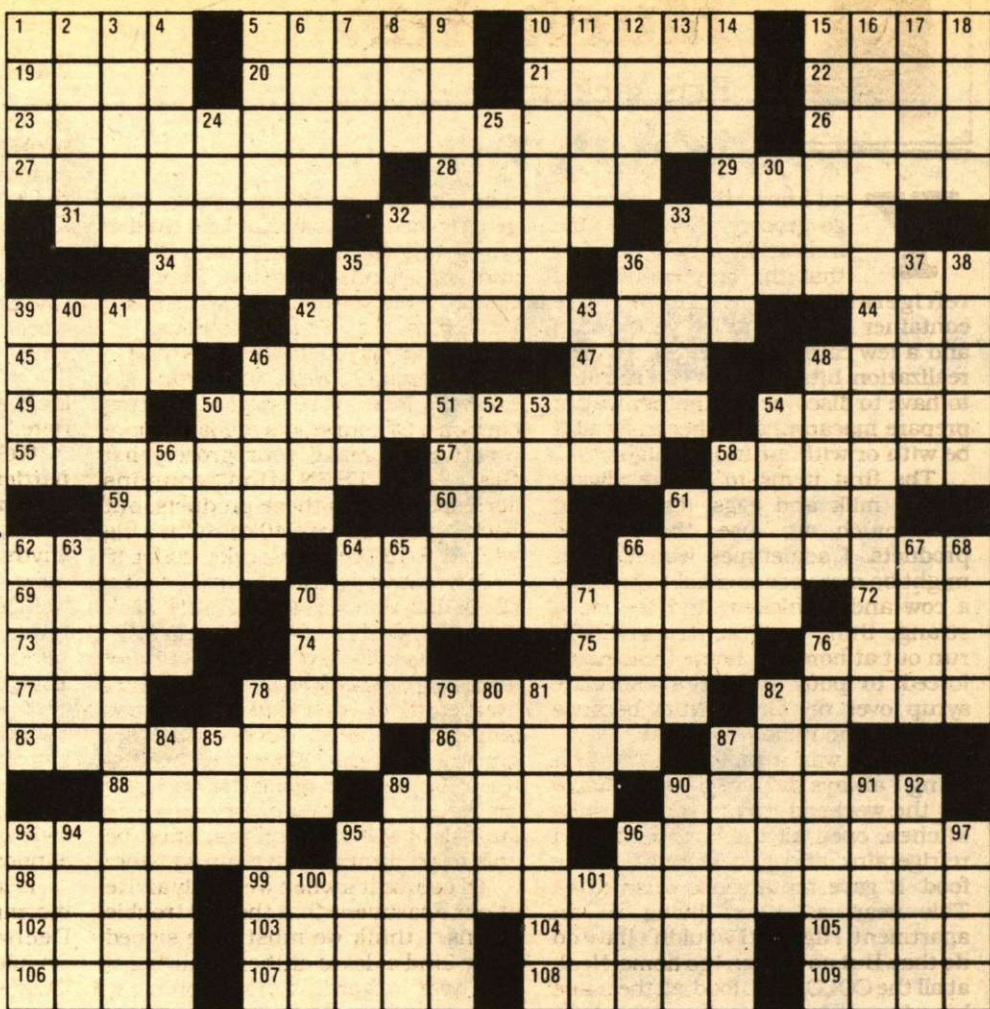
Crossword

ACROSS

- 1 Starring role
5 Discard, as a card
10 Indian title of respect
15 Portico for Plato
19 Tamarisk tree
20 Yuletide air
21 "Darn —!"
22 Polly or Pittypat
23 Question from Mrs. Muir?
26 "Born —"
27 Censure publicly
28 Martin's "Laugh-In" partner
29 Savanna herd
31 Hemline concern
32 Fitter on the roof
33 Mites and ticks
34 Morning hrs.
35 Pertaining to structure
36 Dreamed up
39 Dull finish
42 Devil's indignant denial?
44 Watchdog's warning
45 Arthur of the courts
46 Wind indicator
47 Conductor de Waart
48 Exchange premium
49 Motorist's way
50 One of Ibsen's "Ghosts"?
54 Old Irish alphabet
55 Meg's affection for Jo
57 Cub pack leader
58 "La Vie —" Plat favorite
- 59 Country singer Rogers
60 Shopping need
61 Chilean pianist Claudio
62 Root or dance
64 Marry in haste
66 Matriculated
69 "Founder of French opera"
70 Halloween name for a former
72 Maryland governor?
73 Seine sight
74 Feels poorly
75 Sixth sense initials
76 Engendered
77 Greek peak
78 Sault — Marie, Mich.
79 Weird bandleader?
82 Ghostly white
83 "...goes singing to —"
86 Browning
87 Nine singers singing
88 Ed.'s reading matter
89 Tasty, to tots
90 Segovia's title
91 Nabokov nymphet
93 Definite termination
95 Clip
96 Whodunit figures
98 Perfect face shape
99 Warlock epithet?
102 Settled
103 "Superman" Christopher
104 "Fifty-four — or fight!"
105 Hawaiian anchovy
- 106 Odds' partner
107 Like the otary
108 Criticizes unmercifully
109 Catch up

DOWN

- 1 "Green Pastures" role
2 Singing Waters
3 Dress style
4 Explode
5 Trail clues
6 Noble fir
7 Compulsion
8 "Fie, — and fum...!"
9 Shakespeare
10 "Sunshine State"
11 Dame Edith
12 Rose distillation
13 Chemistry Nobel: 1944
14 Worldwide food fish
15 African junket
16 Halloween weather forecast?
17 United
18 Comedian Roscoe —
24 — tight, woman's close-fitting vest
25 Gannet
30 Fall behind
32 "...my sugar —"
33 "— for the Misbegotten": O'Neill play
35 "Yip, Yip, Yaphank" song
36 Kind of ink
37 Assam
- 46 Captain Nemo's creator
48 Field-related
50 Eighth in a line of kings
51 Magda, for one
52 Giraffelike beast
53 Sire
54 "Between the crosses, row —": McCrae
56 Fresh-water ducks
58 Was human
61 Two wives of 50 Down
62 Cut drastically
63 Completely
64 Downs or salts
65 Tang dynasty poet
66 Fine-feathered flyer
67 Otherwise
68 College personage
70 Soldier of British India
71 First name in Dogpatch
76 Sing Sing site
78 "— born great...": Shakespeare
79 Prepared to propose, perhaps
80 Bacteriologist
81 Switch option
82 "On — Boat to China"
84 Ladies



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- auxiliaries
85 "6 — Riv Vu", B'way offering
87 Voracious eels
89 Remove a Vandyke
90 Towering
91 Tete — (private chat)
92 Primary: Prefix

- 93 Ninny
94 Writer Hunter
95 Wise one
96 Uncas's love
97 Avoid
100 Caricaturist

- Gardiner
101 — pros (discontinue)

HAPPY HOLIDAYS! HAPPY HOLIDAYS!

Answers to today's puzzle can be found on 11A

EXPERIENCE THE ULTIMATE SPRING BREAK DAYTONA BEACH, FLORIDA

FEATURING:

- High quality oceanfront accommodations for 8 glorious days and 7 fun-filled nights, providing color TV, air conditioning, private telephone, pool and sun deck.
- All of our hotels are located directly on the beach.
- A complete schedule of free pool deck parties and optional activities.
- Food, merchandise and service discounts provided by local merchants to Inter-Campus Programs trip participants.
- Optional excursions available — deep sea fishing, Hawaiian luau, party cruise, scuba diving, Disney World, EPCOT Center, and more.
- Computerized central reservation system to insure accuracy and organization.
- All taxes, tips and service charges included.

Christmas Wish List

- ~~1. New clothes~~
- ~~2. New car~~
- ~~3. stereo system~~
4. Spring break vacation
- ~~5. big screen TV~~
- ~~6. lot of money~~

Dear Mom and Dad,
The one thing I really need is a vacation to assure my sanity! Please!!
Thank you.
I'm packing now.
Love,
Tracy

FOR FURTHER INFORMATION AND SIGN-UP:

Tracy Obermaler
727-5326

ROOM PACKAGE ONLY
\$ 109.00
(4 Per Room)
INCLUDES ALL ITEMS LISTED

MOTOR COACH OPTION
\$ 89.00
(DETAILS BELOW)

COMPLETE PACKAGE * Feb. 27 - March 8 *

ALL TAXES, TIPS AND SERVICE CHARGES INCLUDED

MOTORCOACH OPTION
To make your spring break an enjoyable one, we have arranged for a motorcoach to take you to and from the hotel. This is the most modern, comfortable and safe mode of transportation available. We are considering for a complete package.

Non-Students Welcome

Do you know what to do in case of a

PIZZA EMERGENCY?

PIZZA EMERGENCY HOTLINE
728-4411

Mondays & Thursdays
10" 1 item pizza
\$3.99
and
Super Sundays
16" 1 item pizza
\$6.75
Good Every Sunday

one coupon per pizza

Zippy's Pizza Express

Just call your Zippy's pharmacy. For your convenience we are open until 3:00 a.m. Friday and Saturday!

We deliver.



Much Ado

Kris Vickerman

You know when it's time to go grocery shopping. One indication may be the fact that the only contents of refrigerator are a Tupperware container of unidentified yellow stuff and a few cans of Bud Light, and the realization hits you that you're going to have to discover yet another way to prepare macaroni and cheese. Shall it be with or without tuna tonight?

The first items to go are always butter, milk and eggs. It's amazing how much we use these three products. I sometimes wonder if it might be more economical to just buy a cow and a chicken. And the really strange thing is, these items NEVER run out at home. At home I was never forced to pour Hershey's chocolate syrup over my Grape Nuts because there was no milk.

When I was a freshman the first thing I always did when I went home for the weekend was to run in to the kitchen, open all the cupboards and refrigerator, and just stare at all the food. It gave me a sense of security. This year, as I am living in an apartment, I figured I wouldn't have to do that. But now when I go home, I look at all the COLORFUL food, all the name brand products. It's nice not to open a cupboard full of black, yellow and white generic products for once. Not

that there's anything wrong with generic food. It's just that I get tired of eating not Doritos, but Corn Chips; and not Rice Krispies, but That Rice Cereal Usually Associated With Three Little Men. It's just so ridiculous.

So what do you do when it's time to go shopping? Well, first you get excited. Next you start collecting coupons. Of course, it's probably more practical to make your grocery list first, and THEN find coupons corresponding to those products, but heck, if you can save 40 cents on a big wicked Sara Lee cheesecake, go for it.

It's always so embarrassing at the check-out counter when EACH week the total is over \$100. My roommates and I usually try to cover up by remarking casually (but not so loud as to be overheard) to each other, "Gee, how long HAS it been since we've gone grocery shopping? About a month? At least." I mean I'm used to it since I grew up in a family of eight. My mother's fantasy is still to once, just once, be able to go through the Express Lane.

Of course it's when we finally arrive at our apartment that the real trouble begins. I think we must have signed some kind of lease at the beginning of the year regarding this problem, because I swear that it's a rule that we have to eat everything we just bought in that same day. For some bizarre

reason I think I have to sample a little (or a lot) of every new item.

My favorite part of putting all the food away is wrapping the hamburger and chicken breasts in foil to store in the freezer for later use. To distinguish between the two, we label them with masking tape. My roommates gave me the job of writing which kind of meat and the date on the tape. I have a lot of fun with this, much to their chagrin. Instead of simply reading "chicken" or "hamburger," our meat bears such labels as "Where's The Beef? Right Here," "Udderly Delightful Cow," "Cow's It Goin'?" and "Cluck Mammaries," or "The Cluck Stops Here."

We've found that there is one particular product necessary for our survival. And that product is, without doubt, Bisquick, because you can do anything with Bisquick. And you can, too. Among others, you can make waffles, over-fried chicken, coffee cake, Danishes, butter biscuits, egg and sausage casserole, bran muffins, dumplings, shortcakes, drop biscuits, and of course, that old favorite, pancakes. Just the other day when our pancake batter was a bit thin, I instantly reached for the Bisquick and my roommate Jill said, "No, we have to save that -- we're going to caulk the windows this afternoon."

I love The Morning After. The morning after shopping, that is. Decisions, decisions, decisions! Should I have Ohs! for breakfast or Quaker Instant Oatmeal? Or what about waffles? Or Poptarts? Or eggs? Or French toast? Or yogurt? Who's going to Leggo my Eggo?

When the inevitable happens, that is, the good food begins to run out, there's always Baskin Robbins. After all, it's only a phone call away. It happens at least once a week. A group of my friends and I will be sitting around our living room watching MTV and suddenly the thought of Chocolate Mousse Royale begins to sound VERY tempting. I'll say to Jill, "Let's order ice cream." And she'll respond with, "But I'm not hungry." And I'll give her a questioning look and say, "What's that got to do with it?"

We are the only people I know who actually greet the Ice Cream Man. Usually we pop in "Eddie Murphy -- Delirious," so when the Ice Cream man walks in, he is welcomed by Eddie yelling, "Ice crreeeaamm! Ice crreeeaamm! The Ice Cream Man is coommiinnng!" Well, at least WE get a kick out of it.

Our latest problem with food is expiration dates. I'll be digging through the refrigerator and suddenly I'll be shouting, "Girls! Hurry and grab a spoon! The yogurt expires in five minutes!"

Finally, I have two questions. The first is, why don't people ever take the first couple of slices of bread in the package? I always take the third or fourth one back. Are the first few slices contaminated or what? The second is, why do people look into the refrigerator, find nothing good, shut the door, and then return minutes later in hopes that something new has materialized there?

Vickerman is a sophomore communication major from Orono, MN.

Movie from 7A

where he begins the search for his family.

As expected, Feifel's adventures in the New Land include falling into the clutches of an evil cat; he manages to escape, but his perils are not over.

Feifel also makes his share of friends, though, who help him in his search, including Tony, another immigrant mouse, and a group of mousey protestors involved in an anti-cat movement (another amusing reference to America's social history).

Sure the story is predictable, and the audience's emotions are played upon like Feifel's father plays his fiddle -- but

who cares? You're too wrapped up in the adventure to notice.

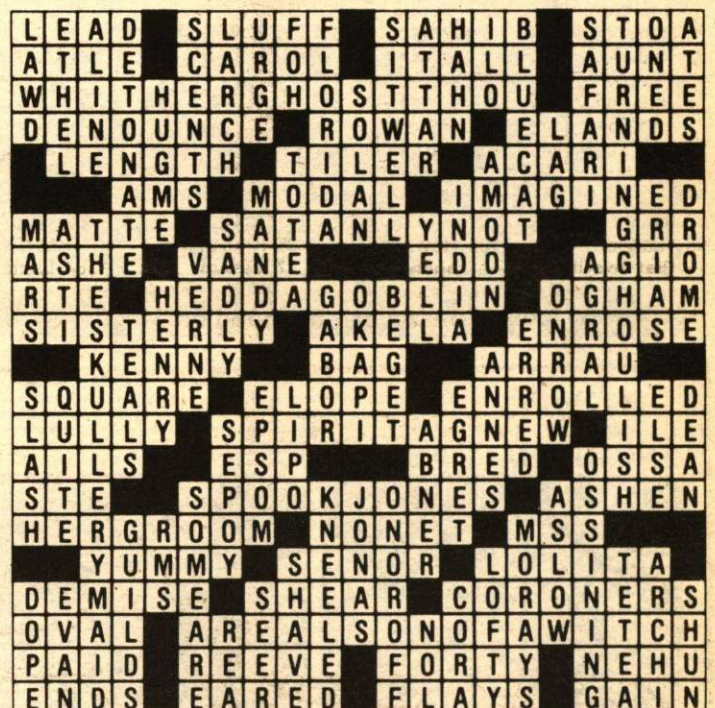
I saw the film on a Saturday afternoon, and 99 percent of the audience was under 12 years old, but many touching moments hushed the packed theater. Reaching for my tear-soaked hankie, I reminded myself that this was "only a cartoon" (sob, sob.).

Animation, by the creators of *The Secret of NIMH*, is superb. Highlights include a moonlit evening in which the 3-D effect looks more like a photograph than a drawing.

The songs are cute, and voices featured in the film include Dom DeLuise as Tiger, a loveable cat who can't bring himself to hunt

mice, and Christopher Plummer as the French pigeon, Henri.

Although this movie is rated "G" for General Audiences, I'm rating it "F" -- Fun for Everyone. An *American Tail* is delightful and definitely not for children only. If you need an excuse, take a child along, and if you don't like the film, take your pulse -- you may be an icicle.



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Humor

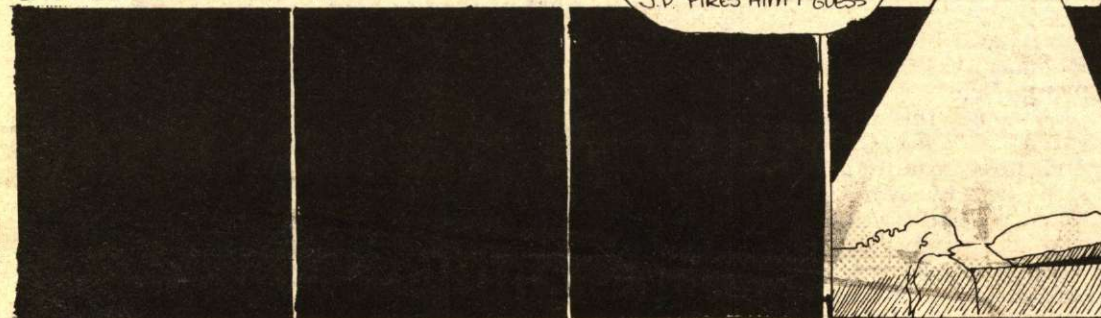
HI-TEK • JOSEPH PILLSBURY



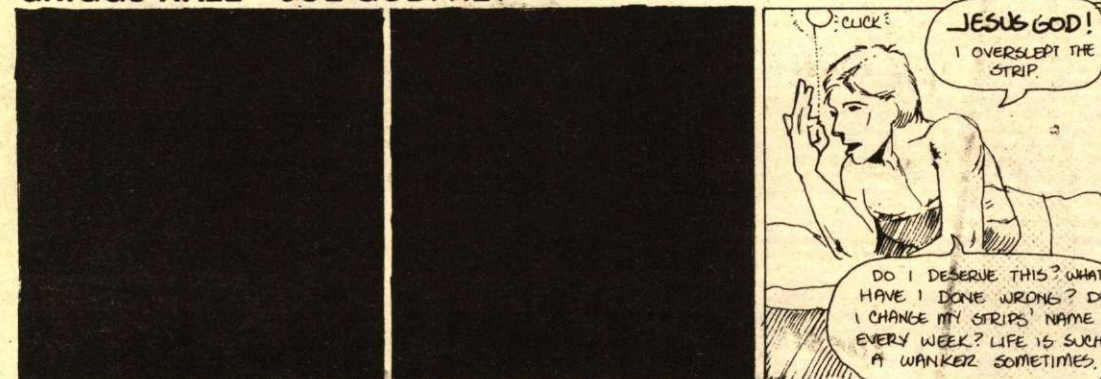
BAD DREAMS • JON GODFREY



GWEBB • JOHN STIFF



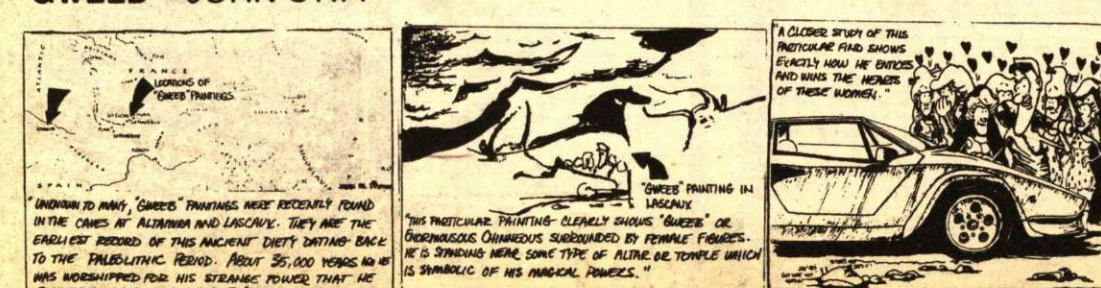
GRIGGS HALL • JOE GODFREY



ROCKS AND GARBAGE • JOHN GERBER



GWEBB • JOHN STIFF

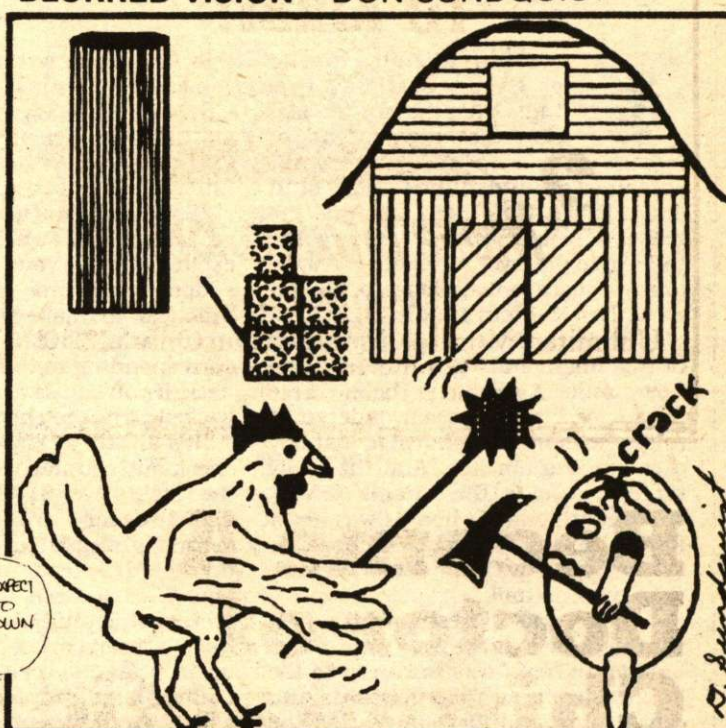


"UNKNOWN TO MANY, 'GWEBB' PAINTINGS WERE RECENTLY FOUND IN THE CAVES AT ALTAIR AND LASCAUX. THEY ARE THE EARLIEST RECORD OF THIS ANCIENT 'DIET' DATING BACK TO THE PALEOLITHIC PERIOD. ABOUT 35,000 YEARS AGO HE WAS WORSHIPPED FOR HIS STRANGE POWER THAT HE POSSESSED OVER THE FEMALE."

"THIS PARTICULAR PAINTING CLEARLY SHOWS 'GWEBB' OR GUDENOUSUS GUDENOUSUS SURROUNDED BY FEMALE FIGURES. HE IS STANDING NEAR SOME TYPE OF ALTAR OR TONNEL WHICH IS SYMBOLIC OF HIS MAGICAL POWERS."

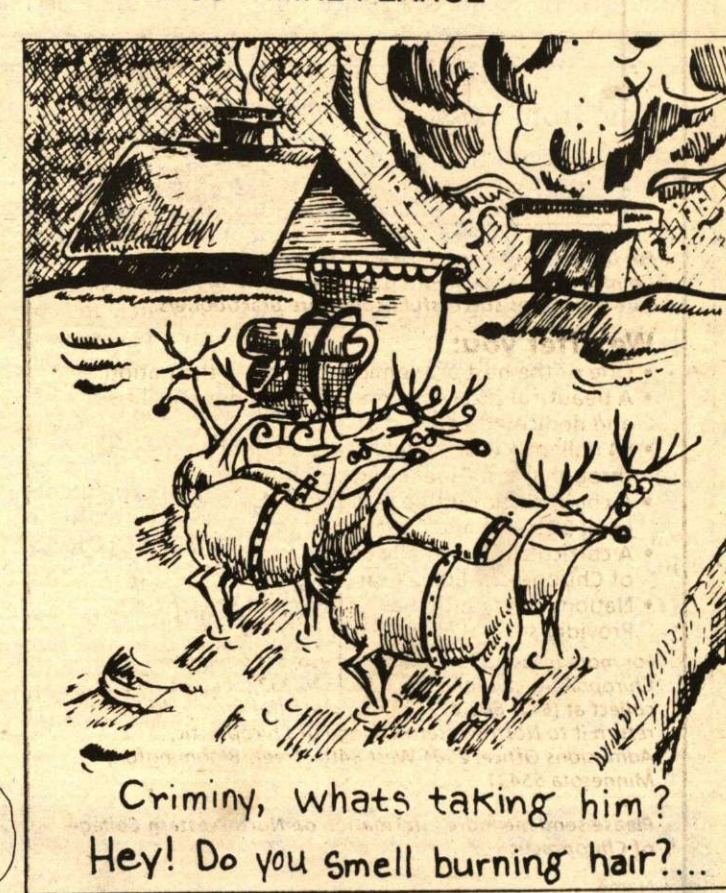
"GWEBB PAINTING IN LASCAUX"

BLURRED VISION • DON SUNDQUIST

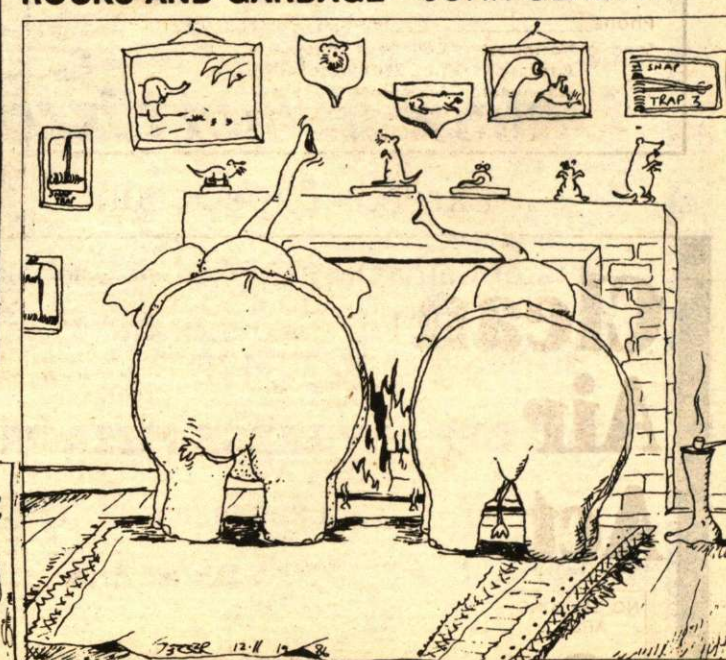


THE CHICKEN DELIVERS A VICIOUS BLOW IN THE CONTINUING ARGUMENT OVER WHO CAME FIRST.

SFA COMICS • MIKE PEARCE



ROCKS AND GARBAGE • JOHN GERBER



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Clean Air Act

NO SMOKING
AREA



THE MINNESOTA CLEAN INDOOR AIR ACT

...THE RIGHT
TO BREATHE
CLEAN AIR.

What is the Minnesota Clean Indoor Air Act?

It is an act regulating smoking at public places and in public meetings. The purpose is to protect the public health, comfort and environment by providing people with a choice about the quality of air that they breathe. Any person who violates the regulations of the act is guilty of a petty misdemeanor.

What is meant by "public places"?

A public place is any enclosed, indoor area used by the general public or serving as a place of work, including, but not limited to, restaurants, retail stores, offices and other commercial establishments, public conveyances, educational facilities, hospitals, nursing homes, auditoriums, arenas and meeting rooms, but excluding private enclosed offices occupied exclusively by smokers even though such offices may be visited by non-smokers.

What is meant by "smoking"?

"Smoking" includes carrying a lighted cigar, cigarette, pipe, or any other lighted smoking equipment.

What are the responsibilities of the proprietors of the public places?

The proprietor or other person in charge of a public place will make reasonable efforts to prevent smoking in the public place by:

- posting appropriate signs;
- providing for a smoke-free area(s);
- taking whatever actions are necessary to insure continued compliance by smokers with posted signs and designated areas. Proprietors should familiarize employees with provisions of the act and its bearing on the public place in which they work so that they will be able to assist the proprietor in achieving compliance.

What are the responsibilities of the citizen?

- Respect the provisions of the act;
- exercise your right to choose the smoke-free or the smoking-permitted areas;
- report a problem or violation to the management, and then, if necessary, to the health department.

What are the regulations for designation of smoking areas?

Smoking areas may be designated by proprietors or other persons in charge of public places, except in places in which smoking is prohibited by the fire marshal or by other law, ordinance or regulation.

Where smoking areas are designated, existing physical barriers and ventilation systems will be used to minimize the toxic effect of smoke in adjacent non-smoking areas which must be a minimum of 200 sq. feet. In the case of public places consisting of a single room, the provisions of this law will be considered met if one side of the room is reserved and posted as a no-smoking area as long as the 200 sq. ft. minimum is met. No public place other than a bar will be designated as a smoking area in its entirety. If a bar is designated as a smoking area in its entirety, this designation will be posted conspicuously on all entrances normally used by the public.

"Bar" means any establishment or portion of an establishment where one can purchase and consume alcoholic beverages, but excluding any such establishment having table and seating facilities for serving meals to more than 50 people at one time, and where table service meals are sold to the public.

How will these areas be identified?

The designated areas will have signs posted to identify smoking-permitted and no-smoking areas. These signs will be placed at a height and location easily seen by a person in the establishment.

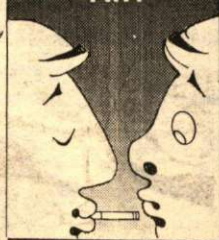
Will these regulations apply to all public places?

These are some of the major requirements of the Minnesota Clean Indoor Air Act. More specific requirements are contained in the regulations which may apply in certain circumstances and places.

Further information is available from:

St. Louis County Health Department
Duluth 727-8661
Virginia 769-7121
Hibbing 262-4831

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CLEAN AIR

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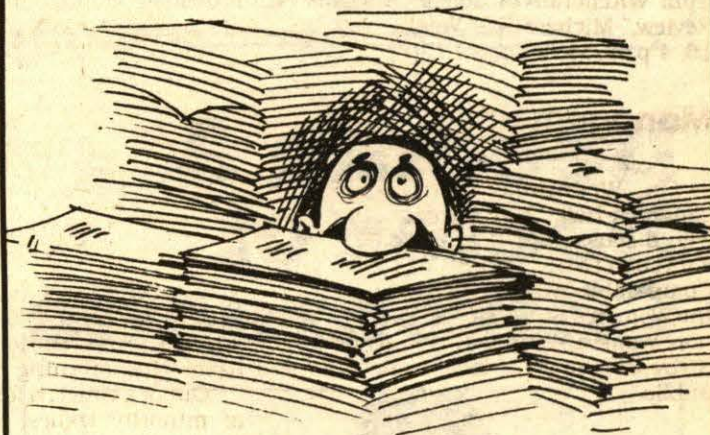
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1-5:00 Sat & Sun
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Museum entrance

Happenings for DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Football Sunday Watch Pro Football Big Screen T.V. Food - Movies - Videos -	Monday Night Football	Blues Allegations The RAGE	The Hoopsnakes	TGIF	No. 1 Band in the Northland ? Surprizes ?	

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On Campus



Medicine

Seminar in Medicine: "Impotence from Witchcraft to Science Fiction: A Review." Michael Slag, Wednesday, Dec. 18, 4 p.m., Med. School 130.

Management

On Wednesday, Jan. 7, Mark Lengnick-Hall, Management Studies, will discuss "Reducing Bias in Job Evaluation: Implications for Comparable Worth." His talk is part of the Women's Studies colloquium series. "On Women." The talk will be held in Kirby 311 at noon and is open to the public.

Primality Testing

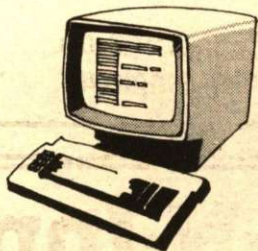
"An Introduction to Primality Testing," presented by Linda Deneen, on Thursday, Dec. 18, at 3:30 p.m., in MWAH 191.

Brown Bag

Bob Evans, associate professor of philosophy, will look at the setting for John Fowles' novel "The French Lieutenant's Woman" and discuss some of the background ideas in the 19th century during the next International Brown Bag Seminar on Thursday, Nov. 18 at noon in K333.

Employee Benefits

Richard Glewwe, a representative from the Minneapolis Dept. of Employee Benefits, will be at UMD Monday and Tuesday, Jan. 12-13 to meet with faculty and civil service staff members. Appointments may be made by contacting the UMD Payroll & Employment Office at 7161 or 7186 by Jan. 6.



Computing

Sigma Xi event: "Computer Interactions," presented by Mark Luker, Director of UMD Computing Services, on Thursday, Jan. 8, at 7:30 p.m., in Med. 130.

Educational Policy

Educational Policy Committee Meeting: Wednesday, Jan. 7, 3 p.m., Regents Room. If you are unable to attend please call David Darby (7237) or Debbie Dahlgren (7104).

Geology

Geology Seminar: "Earthquake Hazards and Nuclear Power Plant Siting in California," presented by Dr. Priscilla Grew, Director, Minnesota Geological Survey, on Thursday, Dec. 18, at 3:30 p.m., in Life Science 175.

Outdoors

Grand Canyon

The UMD Outdoor Program is offering two trips during the holiday season: "Backpacking through Time in Arizona's Grand Canyon" from Dec. 26 to Jan. 4, and "Dog Sledding and Cross Country Skiing in Minnesota's Boundary Waters" from Dec. 29 to Jan. 1. Registration is limited and can be made at the Kirby Ticket Office. For details on these trips and other events, call 7169.



KUMD is currently in the process of adding both national and locally produced information sources to its basic "NPR Morning Edition" service.

Out of a concern for greater coverage of minority issues, a new service of feature sports beginning in January from Alaska Public Radio, The National Native News Service, will be aired several times a week to consider native American issues.

Women's issues will be addressed through a feature service from the Women's International News Gathering Service (WINGS) and other issues affecting minorities and the handicapped will be considered through the Specialized Audience Service of National Public Radio.

Latin American issues that NPR does not cover are being reported on by the Latin American News Service, a branch of a public radio station in El Paso, Texas. These short reports are giving KUMD listeners an opportunity to watch the many developing issues in Latin America, before they become "national news."

KUMD is working to increase its coverage of local and regional news issues by expanding its student intern and volunteer news team and KUMD staff member Shaun Gilson is producing regular features on regional issues.

KUMD listeners will continue to hear regular reports on local artists and arts events, generally at 6:20 and 7:50 a.m. on Tuesdays and Thursdays.

In addition to Laura Erickson's series, "For the Birds," heard every Monday, Wednesday, and Friday at about 7:36 a.m., on her "off days" (Tuesday and Thursday), KUMD is airing features by Vermont environmentalist Will Curtis from his series for Vermont Public Radio, "The Nature of Things." Remember that Laura Erickson's, "For The Birds" can now also be heard at 2 p.m. every Monday, Wednesday and Friday.

KUMD hopes that these new changes to our MORNING EDITION program will continue to develop this program as the one to listen to for news, weather, and public affairs.



Choir

UMD's University Chorale and the UMD Jazz Choir will present a concert at 8 p.m. Dec. 18 in the Marshall Performing Arts Center.

Directing will be Stanley Wold, assistant professor of music at UMD.

The Chorale will perform works ranging from Handel and Berlioz to a contemporary composition by Zimmerman. The 20-voice Jazz Choir

will perform tunes by Gershwin, Cole Porter, and Phil Mattson. Both groups also will perform some seasonal music. Admission is free. The public is invited to attend.

Concerts

Dept. of Music Events: Jazz Choir/University Chorale, Stanley Wold, Director, Thursday, Dec. 18, 8 p.m., MPAC.

Miscellaneous

Student Show

THE BOOTLEG - an all student show!

All graphic and fine arts majors are encouraged to submit from one to three pieces of their two-dimensional work to hang in an all-student show to be held for one week in the Kirby Lounge, January 12 thru 17.

Students are also encouraged to stop by the show and see the work of artists on campus.



China

UMD will sponsor a six-week painting class and travel program next summer in the People's Republic of China.

The program from June 1 to July 15, will take artists to the Zhejiang Academy of Fine Arts in Hangzhou to study traditional Chinese and watercolor painting.

The course is available for six University of Minnesota credits. Cost of the program, including air fare from the west coast, board and lodging, and instruction is \$4,200.

The program is limited to 26 participants, who must have some basic training in painting and the visual arts.

For more information, contact UMD Continuing Education and Extension, 726-8113.

Chanhassen

The UMD Campus Women group is planning a bus trip to the Chanhassen Dinner Theatre on Saturday, Jan. 31. Make plans now to shop and socialize before the curtain goes up for "My Fair Lady." Reservation deadline is Jan. 8. For details, call Gladys Dahl at 7507.

Book Exchange

Friday, Dec. 19 is the last day to pick up books and checks from the Book Exchange. Located in S.A. Lounge.

New Organization

The Start of Something Great: The Way Campus Fellowship (biblical research, teaching and fellowship) meets every Tuesday at 7 p.m. in K335. Come join UMD's newest campus organization.



Glensheen

Sights and Sounds of Christmas at Glensheen, December 6 to January 4:

"Traditional Christmas Decorations," colorful decorations, festive music and gingerbread house displays will create a special holiday atmosphere; Dec. 15-Jan. 4 are regular, guided tours at 1 and 2 p.m. during the week (except Wednesdays), and from 1-3 p.m. on weekends. Closed Christmas Day and New Year's Day.

For more information about prices, tours, performing groups and reservations, call 724-8864

Sky Shows

Free sky shows are presented at 7 p.m. each Wednesday at the Marshall W. Alworth Planetarium.

Sexual Assault

Sexual assault can happen to anyone. If you or someone you know is a victim of rape, incest, same-sex assault, molestation, or sexual harassment, there is Free & Confidential help from the Program for Aid to Victims of Sexual Assault. 24-hour assistance and support groups are available for victims of sexual assault and for parents of children who have been sexually abused. For more information or assistance call 726-4751 or Answer Duluth at 723-9929.

Congratulations

Wedding Anniversary

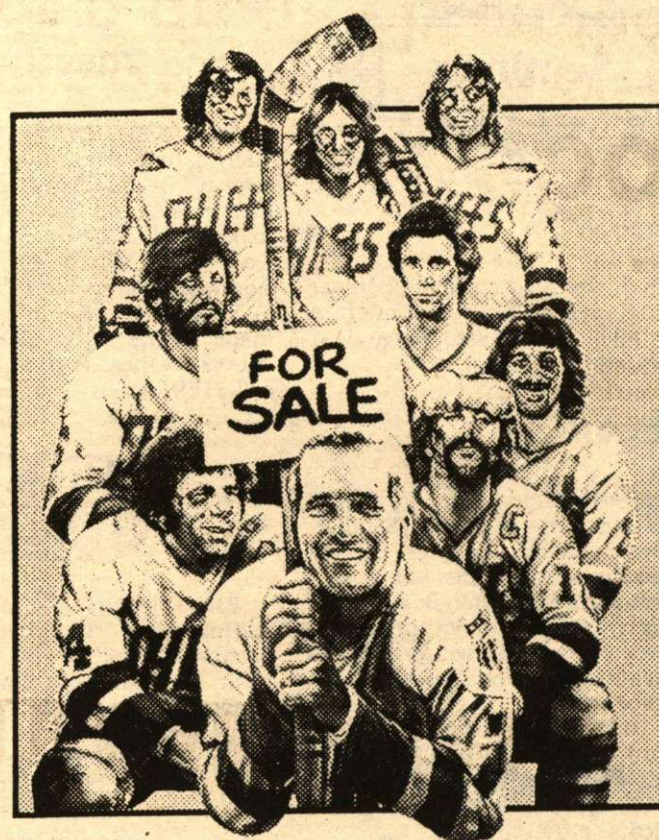
Dr. and Mrs. Thomas W. Chamberlin will celebrate their 50th wedding anniversary on Tuesday, Dec. 30 from 2:30-4:30 p.m. in the UMD Campus Club. Their son, Thomas W. Chamberlin, Jr., Victoria, British Columbia, and daughter, Susan I. Hye, Modesto, Calif., will be in Duluth for the occasion. Friends who wish to join them should call Mrs. Frank Hoder at 525-5959 in the evenings by Dec. 24. The couple request no gifts.



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KPB

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ENTERTAINMENT is our BUSINESS!

Sports

B

'Dogs and 'Cats to meet again

Brad Haynes
Staff Writer

The UMD hockey team will travel to Marquette, MI, to skate against the Northern Michigan Wildcats in the second series of

ICE
HOCKEY

the home/away pairings. The Wildcats succumbed to the Bulldogs both games in their first meeting in Duluth one month ago.

The Wildcats are currently in fourth place with a 7-10-1 record while the Bulldogs have a 6-8-1 record that ties them with Colorado College for sixth place in the WCHA standings.

The Wildcats have played three games more than UMD, which can put UMD well ahead if they sweep again and win those three games when Northern Michigan does not play conference.

Northern Michigan was swept last weekend by Denver in two close games. Head Coach Rick Comley said, "We have not been playing bad but we don't have the scoring that wins games. We're in every game and trying hard, but it just hasn't worked to our advantage yet."

"The loss of Joe West has hurt us as he was one of our top scorers and is out for at least six weeks, maybe 10. You can't overstate the loss of West. He had taken great strides this year and there's no way we can replace him," Comley said. West had arthroscopic surgery on a partially torn ligament in his right knee.

Comley said he didn't think that having played UMD just a month ago really mattered, since the teams know each other and are familiar with the styles of play. "I don't foresee any surprises."

When Northern Michigan was here last month it was right after finals week for UMD and now Northern Michigan is in the same boat. "I don't even know if we will have a full practice this week as academics are what the guys are in school for. I rate school higher than hockey," Comley said.

Comley expects that junior goaltender Mike Jeffrey will

start both games this weekend. "I'd rather use Jeffrey both nights than use Dennis Jiannaras just Saturday night."

UMD increased its all-time series lead over Northern Michigan to 10-4-1 when they swept the Wildcats earlier in the season. Northern Michigan last beat the Bulldogs in the season's final series before playoffs last year.

The Bulldogs have been practicing on the power play this week in hope of upgrading its proficiency. "We need to work on our offensive power play unit. We've done okay on killing power plays; we only gave up one last weekend," Head Coach Mike Sertich said.

On this weekend's series Sertich said, "We can't afford to be complacent. We have two games in hand and can catch up with them this weekend. I haven't seen how they are playing lately but I'd guess they are doing okay, even though they were swept last weekend."

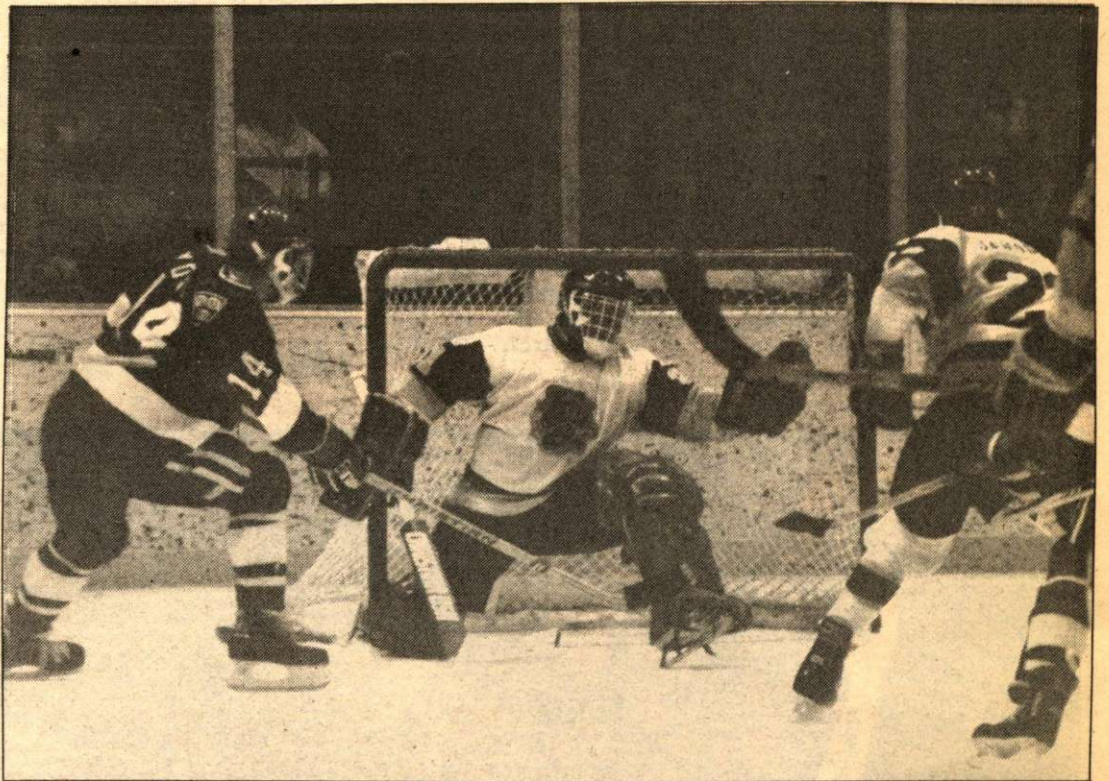


Photo • Curt Carlson

Bulldog goaltender John Hyduke blocks a shot by Harvard in last Friday's game. The 'Dogs are in Marquette this weekend to tangle with the Northern Michigan University Wildcats.

'Cats to 3B

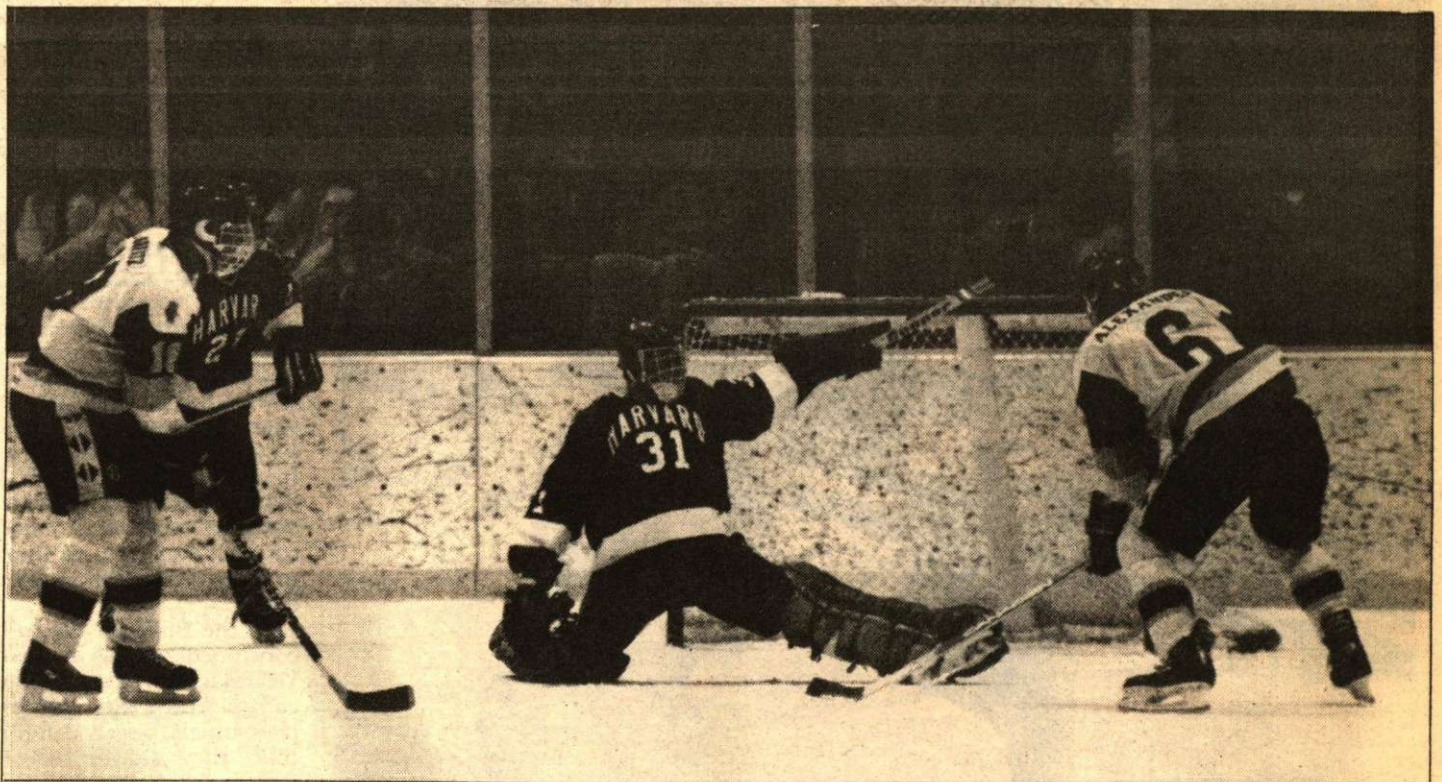


Photo • Curt Carlson

Crimson goalie successfully fends off a shot by junior right wing Bob Alexander in Saturday night's 4-2 Harvard victory.

Wrestlers mature through St. Cloud Invite

Mark Charron
Asst. Sports Editor

Outstanding individual performances by senior captain Mike Dorsey and junior captain Jeff Dravis

WRESTLING



allowed a young UMD wrestling team to soar last Saturday in the 17-team St. Cloud State Invitational.

Dravis recorded three pins

en route to his second place finish at 142 lbs., while Dorsey dropped a match early but came back to defeat Steve Gorwill of Black Hills State (SD) 4-3, for the third place championship at 177 lbs.

Augmented by two additional second place efforts by Mike Hirschey at 158 lbs. and freshman standout Todd Guillaume at 118 lbs., UMD totalled an 84 1/4 point score, good for third place overall in the team standings, edging two-time tournament champ-

ion Central Iowa University into fourth by 1/2 point. Host St. Cloud State won their own invitational by claiming 121 1/2 points.

The third place finish was UMD's best showing since 1981, when they were the tournament runners-up. Wrestling with five individuals in the line-up who had never started for the team prior to this season (three of whom are freshmen), UMD moved up three notches from last year's sixth place standing.

"Obviously I am very happy about the tournament," said seventeenth year Head Coach Neil Ladsten. "We did better than we thought we'd do. The guys performed well beyond my expectations. It was obvious that our team is in much better condition (physically) than a lot of the wrestlers from other schools."

Ladsten's biggest surprise came from freshman 118 pounder Todd Guillaume. Guillaume won three straight matches before losing a 7-2

decision to St. Cloud's Richie Douglas in the 118 lb. championship match. Douglas, also a freshman out of Hayfield, MN, was last year's high school state champion at 105 lbs. Guillaume, a Caledonia, MN native, placed fourth in the state a year ago at 112 lbs.

"Todd did an outstanding job for us," Ladsten commented. "He went all the way through to the finals and lost 7-2." Ladsten stated that the

Mature to 3B

Captains lead 'Dogs to "classic" victory

Linda Keppers
Sports Editor

The women's basketball team won their second straight title in the Twin Ports Holiday Classic, defeating Mankato State 72-69 last Saturday.

The Bulldogs, now 6-4, were led by co-captain Carmen

WOMEN'S BASKETBALL

Kuntz with 16 points. Kuntz, during the two-day tournament, scored a total of 32 points in the game against Michigan Tech. The 'Dogs won the game 80-65. Not only were 32 points in one game a personal best for Kuntz, it was a new school record in the

points per game for UMD women. Kuntz was also named the Most Valuable Player in the tournament.

Co-captain Lisa Muehlbauer also earned honors in the past tournament by making the All-Tournament team. Muehlbauer scored 10 points in the game against Michigan Tech and scored another 16 points in the game against Mankato.

Sophomore Mary Zgonc added 24 points to the Bulldogs' scores in the tournament while senior Mindy Boorman, the tallest of the women, hustled up 15 points and nine rebounds in the game against Michigan Tech alone.

Coach Karen Stromme

commented on the Bulldogs' performance, "we haven't been playing slouch teams and that's why I felt we were really prepared. We weren't intimidated by them (Mankato State). We came out knowing that we would have to play well against a good team. Realizing that we're a good team; I think it has taken us a while to realize that."

As for the Bulldogs' future, Stromme said, "We are clicking together as a team and we have the benefit of playing 10 people deep on the bench. We are ultimately where I'd like to be in the season, and the great part about it is we are nowhere near our peak yet."



Photo • Holly Lindquist

Going for "two," sophomore Denise Holm rolls the ball from her fingertips as a hungry Wildcat from Northern Michigan waits for the rebound.

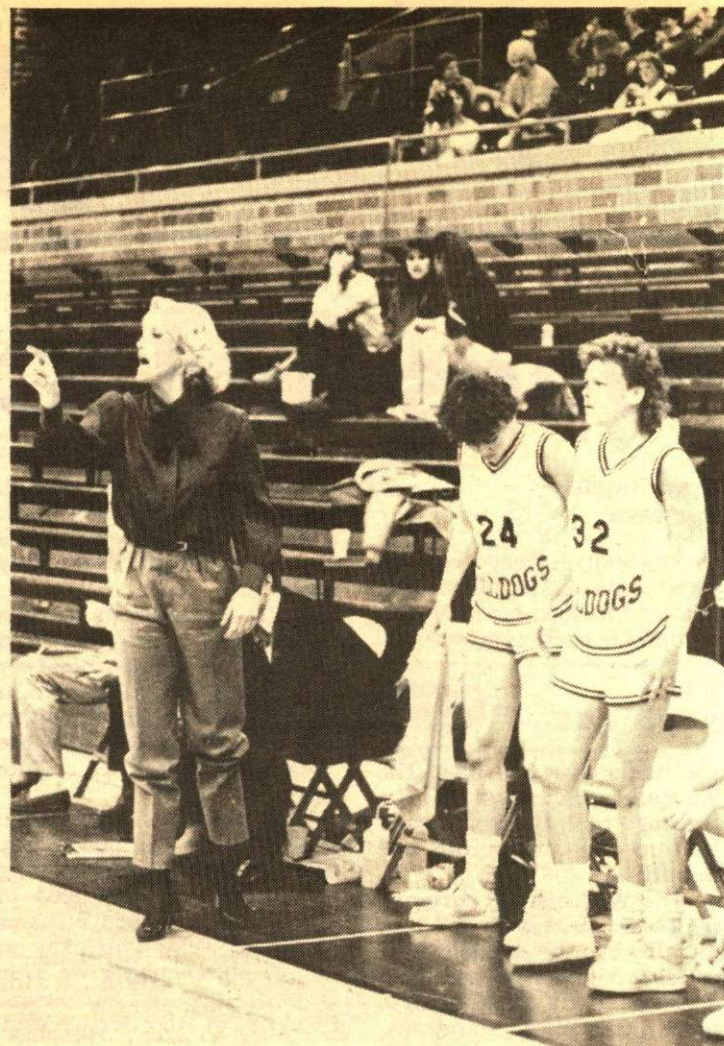


Photo • Holly Lindquist

Coach Karen Stromme shouts advice to players on court while Lisa Muehlbauer and Mary Hannula look on.

Hoopsters hope for Happy Holidays

Mike Hudyma
Staff Writer

The men's basketball team, from UW-Superior will be traveling across the High Bridge tonight for a cross-town

MEN'S BASKETBALL

match-up with the Bulldogs in the UMD Phy. Ed. Building at 7:30.

The 5-2 Yellowjackets have turned out to be a formidable team this year though, as they posted a victory over interschool rival UW-Eau Claire earlier this year, an obstacle the 6-2 Bulldogs couldn't overcome, as they lost to Eau Claire 58-54 here at UMD.

If the Bulldogs are to have continued success against the Yellowjackets, they will have to control the inside game and play much better defensively than they did in their first meeting.

After the Superior game UMD won't be able to relax though, as they are scheduled to play six games over the Christmas break.

A very tough University of Wisconsin-Eau Claire is first on the list. The Bulldogs will travel to Eau Claire to tangle with the Blugolds for the second time this year December 20.

UMD Head Coach Dale Race, a former assistant at Eau Claire, feels the Blugolds are a very capable team.

"Eau Claire is the best team we have faced this year," said Race. "They have a very talented team, with the likes of Chuckl Graves, Tom Bowens and Mike Blair."

From there the Bulldogs have an eight-day rest before heading into the Northern

Intercollegiate Conference tournament here in Duluth beginning December 28.

The Bulldogs will face Southwest State in opening round action.

UMD will then travel to Southwest Missouri State on Jan. 3 to open the new year.

Race feels Southwest Missouri State is the best opponent his team will play this year.

"They are definitely the best team we will play this year," commented Race. "They will be a good challenge for us, to see where we stand as a team."

The Bears were 24-8 last season and played impressively in the NIT, beating Pitt and Marquette before bowing out. They also play in the same conference as Cleveland State, a team that went a long way in last year's NCAA tournament.

The Bulldogs will finish out the winter break by traveling back to Marquette, MI, to face Northern Michigan, for a second time on the year January 5.

The Wildcats are a very good team, and will be looking to avenge their earlier homecourt loss to UMD.

The Bulldogs dropped to 6-2 this past weekend, as they dropped a 67-64 decision to Michigan Tech, a team they had beaten just a week ago.

UMD led throughout most of the game, but played poorly in the second half as Michigan outscored them 17-4 at one point.

Race feels this year's holiday action will be good experience for his team.

"This is a good time to be playing basketball," added Race. "We have to be sharp heading into the conference race, and these games should prepare us."

'Cats from 1B

Sertich also said that the Bulldogs should have learned a few lessons from the Crimson in last weekend's losses. "Number one, we learned that we need to be mentally prepared -- we weren't for Harvard; number two, I think we saw how effective a team can be when they are moving the puck well; and number three, we learned that we need to work on our power play."

Sertich very well could be the envy of the other coaches as he has the choice of four college level goalies to use. Last week John Hyde started on Friday and made 20 saves in the 4-1 loss. Sertich unveiled freshman Gordy Meagher Saturday night and said

Meagher played very well as he made 24 saves in the 4-2 loss.

Sertich felt that the two losses to Harvard could be a positive experience for the team now that they have seen how moving the puck can create the needed opportunities to score.

UMD captain Guy Gosselin also said that the team learned a lot from last week. "The Harvard team played a very disciplined game. We learned we need to play position hockey. Saturday night they got a couple of breaks, but we could have won that night."

Gosselin said of the upcoming series, "It's going to be tougher with Northern Michigan losing last week twice, but we got swept, too. It

will be a heck of a game. We are ready for them. Their rink is smaller and they use that to their advantage. The boards are livelier and that makes for a quicker game and could create more breakaway opportunities. I expect a tight checking game."

Gosselin said the freshmen on the team are doing real well and that the others don't even think of them as freshmen any more. He also said Meagher played a good game in his debut.

Freshman Georg Thiele ought to be back in action in two to three weeks after separating a shoulder in the New Hampshire game.

The game will be televised Saturday night at 6:30 p.m. and Friday's game will be on the radio at 7:05 p.m.



Photo • Curt Carlson

Senior captain Brian Johnson discusses possible options with the officials during Friday night's game. UMD was swept by the then fourth-ranked Crimson 4-1, 4-2.

Mature from 1B

score in the finals may have been different had Guillaume not been pile-driven and dropped on his head in the semi-finals.

"Todd has been a pleasant surprise for us," Ladsten added. "He's really been working hard and improving a lot."

Additionally rewarding for the 'Dogs was that in the process of clinching third place, they defeated conference opponents University of Minnesota-Morris and Southwest State University. They also got revenge on the College of St. Thomas, which finished in sixth place. St. Thomas had defeated UMD earlier this year in a dual meet in St. Paul.

Dorsey at 177 lbs. and Hirschey at 158 lbs. may be two names this season that will make UMD opposition take a little more time in adjusting their singlets before stepping onto the mat. Dorsey, the team's only senior, currently holds a 10-2 individual record and, barring injury, is destined for nationals this year. Teammate Mike Hirschey carries an 8-2 record thus far, and will be making his second consecutive national appearance.

"Mike Dorsey has been wrestling tough for us this year," Ladsten said. "He's a

much-improved wrestler."

Mike Hirschey is another strong kid who has improved. "Mike has lots of potential -- he could be as good as he wants to be. He hustles and doesn't quit," Ladsten said. Ladsten also described Hirschey as a "kid who will give six minutes of all-out wrestling." With more technique, Ladsten said Hirschey could go as far as he wants to. Saturday, Hirschey lost 6-5 in the finals at 158 lbs. to SCSU's Corky Lushanko.

Other UMD place winners were Doug Svihel (sixth at 134 lbs.), Mickey Hamilton (fifth at 126 lbs.) and Staples native Jim Lelwica, a sophomore who has added depth to the UMD line-up (fifth at 150 lbs.).

"The meet last weekend was a good confidence-builder," Ladsten related. "It showed the guys they can wrestle with most any team. The stiff competition we've been facing (St. Cloud tournament, Sioux Open tournament Dec. 6) is something we need to acquire a winning attitude. If we keep working hard and improving, we should be tough by the conference tournament and the end of the season."

The team travels to Morris, MN, this weekend to dual with Northern State College Friday night and will take part in the nine-team Cougar Invitational on Saturday. Last year UMD finished second in the same tournament.

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Rec Sports

Nordic Club skiing cross country

Jenny Krinke
Staff Writer

I used to think that everybody hated cold weather and snow. I thought that everyone just put up with the climate in Duluth because UMD is such a fine institution of higher education. I've learned a few things since then.

I now realize that, although UMD is a good school, it does have some flaws; and I have actually met people that love the snow more than the school.

These arctic UMD students, however, are few and far between. These are the nordic skiers. These are not the ski-bunnies who spend half the day in the chalet and the other half trying to meet someone new to ride the chairlift with. These are men and women who seem to glide effortlessly over miles of snow-covered terrain, heedless of windchill or sub-zero temperatures.

Effortless though these skiers may look however, the Nordic Ski Club trains long and hard all during Fall Quarter and up until the nordic ski season starts in January. Members of this club can be found pumping iron in the weightroom, swimming at 7 a.m., running the hill at Chester Bowl, roller skating for hours on end, biking around

Duluth, or just plain running to build up the kind of condition it takes to be a consummate cross country skier.

This year the Nordic Ski Club not only includes racers, but has opened up to encompass tourists as well. There are now 35 members in the club, with about 15 new members. Last year there were only two women in the ski club; this year there are nine. However, they are always looking for more people.

The Nordic Ski Club has eight scheduled meets, in which they compete against the Twin Cities campus, Northern Michigan University, Bemidji State, and Carleton College. These are usually weekend trips, with the team leaving late on Friday afternoon and returning on Sunday night. Last year the UMD men's team placed in the top three teams and made it to the national competition in Crested Butte, Colorado. This year they are returning three of their top five skiers, and are expecting big things from new racers. The women also hope to go to nationals this year, since they now have more than the required number of people (three) for a team. That would be a road trip worth being in the club for itself.



Photo • Tom Torkelson

Paul Peterson (back) and Brian Allie glide up a slope at Chester Bowl.

There are other more important aspects of the Nordic Ski Club. One is the exercise it offers. Cross country skiing is as good for you as swimming, say fitness experts - it exercises all of the muscles in your body and greatly improves cardio-vascular endurance. Another important function of the ski club, of any club, is the opportunity to meet new, friendly, interesting people, that all have at least one common interest. The ski club excels here.

Brian Allie, a returning sophomore, said, "I've had a lot of good competition, and met a lot of really nice people. Those

are the reasons I stay with the club."

The Nordic Ski Club, like other clubs, does need money, however. They require \$15 from each member for dues, and try to raise the rest through fundraisers. So far this year, they've had a bake sale and collected dues. They're still short by quite a bit. They're planning on having another raffle this year - last year they raffled off a pair of cross country skis and ski passes to Spirit Mountain.

Their biggest fundraiser is coming up this weekend, though. Their annual Ski Swap is on Friday and Saturday in

the Kirby Ballroom. It starts at 10 a.m. on both days, and goes until 9 p.m. on Friday, and 3 p.m. on Saturday. If you have something to sell, check-in is on Thursday (today) from 12-5 p.m. in the Garden Room. They are selling any downhill or cross country ski equipment. Skis, boots, poles, jackets, gloves, etc. They expect to do well, and to be able to make a lot of good deals for everyone involved.

So, if you're looking for exercise, fun, and new people, try out the Nordic Ski Club. Who knows? You might get a good deal. And it sure beats the couch potato syndrome.



Photo • Tom Torkelson

Cindy Blanski checks on her freezing dog, Sandy.

Captains' Meetings Today!

These captains' meeting are MANDATORY. Failure to show up for them will mean not being eligible for playoffs.

Today, Thurs., Dec. 18
Broomball, 4 p.m., PE 136
Volleyball, 5 p.m., PE 136

IMPORTANT

Due to problems with ineligible players, before your intramural game, you

must produce one of the following:

1. Student ID and Activity Card
2. Student ID and Fee Statement
3. Faculty/Staff card and Participation Pass

Part-time students (1-6 credits) are eligible with possession of a student ID and Participation Pass.

St. Scholastica students are not eligible for intramurals at UMD.

Failure to provide proper identification will result in the participant not being able to participate.

This will be discussed in more detail at the captains' meetings.



Schach's Fireside Chat

Steve Schach

Something funny happened to me last Thursday on my way back out of Physical Education 136.

As the Rec Sports supervisor was calling off team names so that the team captains could receive their schedules, I noticed that when my supervisor friend called out "H.B. Mendoza," nobody walked up to receive it. Since everybody knows that H.B. Mendoza (commonly called "that GASH team") is one of the

powerhouses in intramural basketball, it would have been a crime if they didn't pick up their schedule, which would have meant being ousted from the playoffs.

Somebody else must have been thinking along the same lines as I was, because I was the second person to ask the supervisor if I could have the GASH schedule. Since I know the supervisor, I convinced him to give it to me.

I walked home feeling pretty good,

thinking about how I had helped out my absent competitors, but also thinking I might win the dreaded Lady Byng award for sportsmanship. What I didn't think about was the consequences this minor act of mine would cause, or even think about the fact that what I did was illegal in the intramural lawbook. I didn't think about this because I didn't think I would get caught.

Well, Intramural Director John Kessler planted a bug in my apartment and I got caught. Needless to say, he was very upset with the supervisor and me. I apologize to the supervisor for putting him in a tough spot and also to Mr. Kessler for cheating. The schedule was returned and H.B. Mendoza is now out of the playoffs.

A new team (probably Twine State Bass) will now win the coveted championship T-shirts.

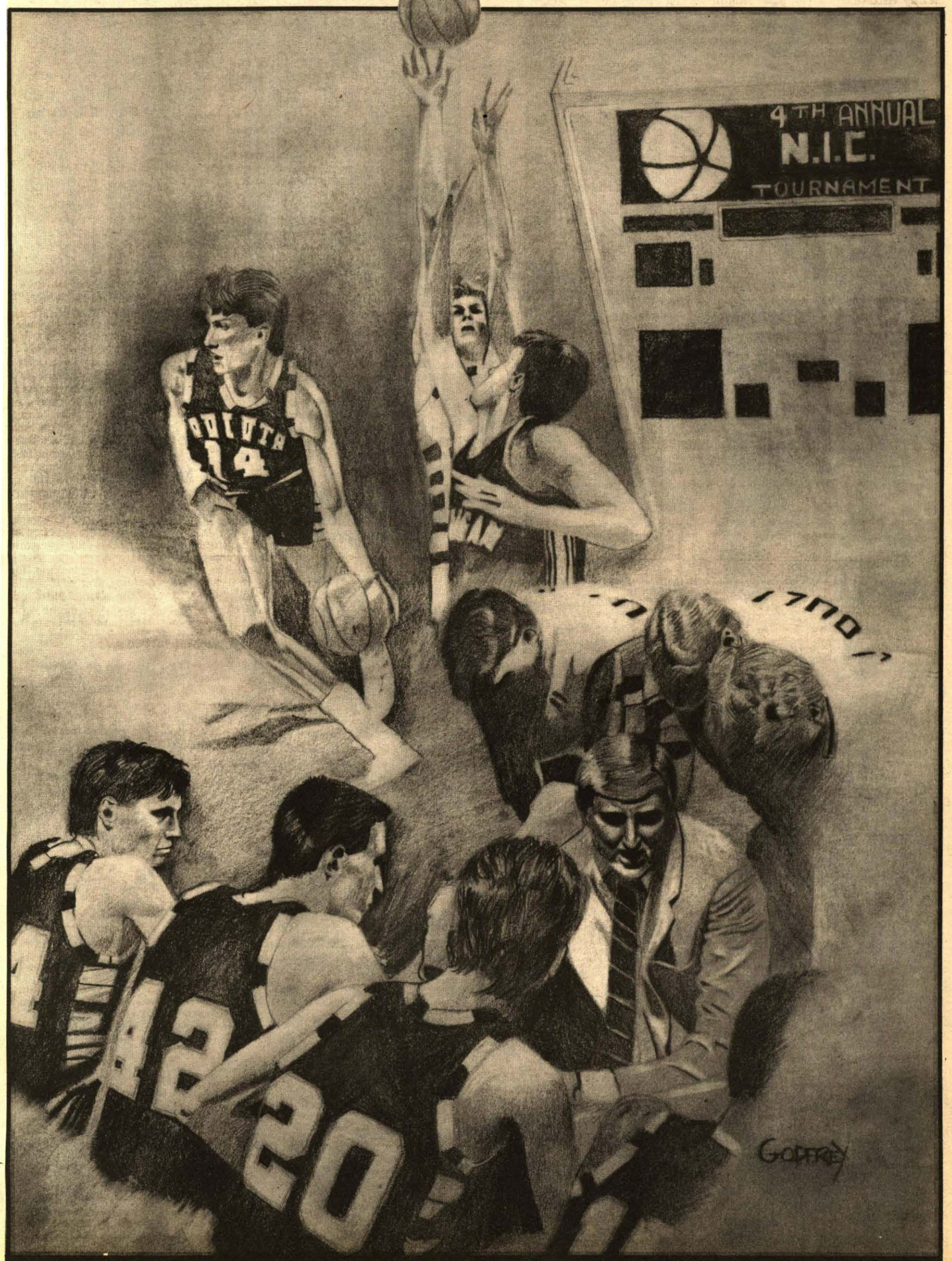
Since I couldn't find a story to write about, I created one, watched it get blown out of proportion, and then wrote about it, the way respected columnists do.

I was criticized last week for picking the Bears to go and win the Super Bowl. After seeing the Bears beat Detroit Monday, I'm willing to make some bets. I'm convinced Mike Ditka cannot lose.

Schach is a junior business administration major from Woodbury, MN, and is the Rec Sports Editor for the STATESMAN.

N.I.C. HOLIDAY BASKETBALL TOURNAMENT

PREVIEW



NIC Holiday Basketball Tournament coming soon to a court near you

MINNESOTA-DULUTH

Head Coach: Dale Race

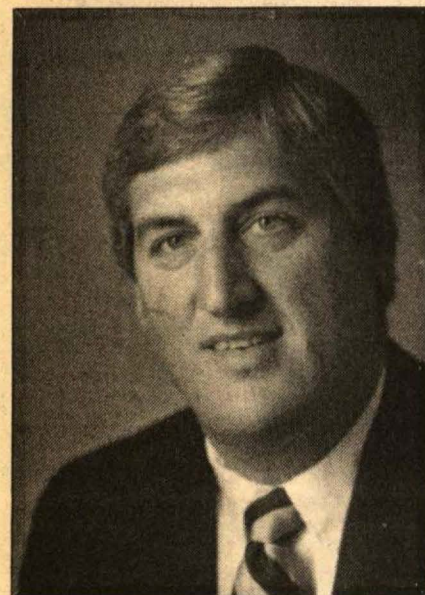


Last Year:

NIC 11-1(1st)
Overall 23-8

The University of Minnesota-Duluth, last year's NIC Champion with an 11-1 record, is shooting for its third straight NIC conference crown and trip to the NAIA District 13 playoffs in Kansas City.

Although the Bulldogs lost three important players in Kendall Kelly, a first team All-NIC player; Al Wimes, and Jerry Brockhaus, eighth in NIC rebounding last season, they return 10 of the 1985-86's 15 players.



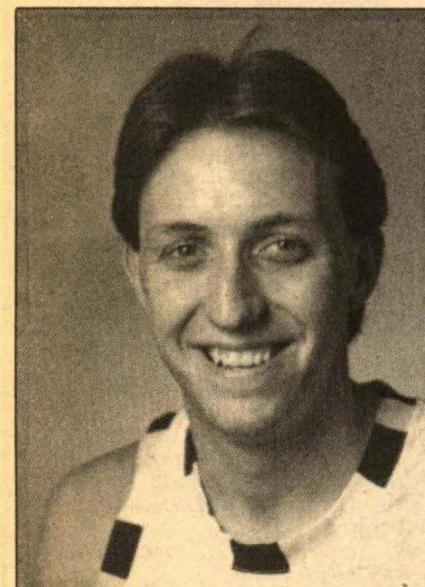
Dale Race

The Bulldogs will be led by tri-captains Jeff Guldinger, a 6'8" senior center; Tom Hutton, 6'2" senior guard; and Tod Kowalczyk, a 6'3" junior guard/forward.

Depth and experience look to be the keys for Duluth, as they have a host of capable players at all positions.

Head Coach Dale Race, who was last year's NIC Coach-of-the-Year, will be trying to direct his team to its third straight appearance in the NAIA District 13 playoffs. Race's teams are noted for playing hard-nosed defense, and they will need to rely on that as many of the teams in the conference have become much stronger.

The Bulldogs' non-conference schedule to date has included two games against NAIA powerhouse Wisconsin-Eau Claire as well as games



Jeff Guldinger

against UW-Parkside and Northern Michigan.

UMD should be well-seasoned coming into NIC play, which will help them this year in the well-balanced NIC.

Though parity seems to be the rule throughout this year's NIC conference, Duluth is the odds-on favorite to once again repeat at NIC Champion. Although Race feels it's nice to be recognized as the pre-season favorite, he feels that can add to the pressure to repeat.

"When you're picked to win the crown, it adds to the pressure of not only playing well, but also playing every team at the same level of intensity, so as not to let your guard down."

As to how Race feels his Bulldogs will place in this year's conference, "I think we have the capabilities to repeat, and we'd certainly like to be in the thick of things toward the end of the season."

WINONA STATE

Head Coach: Jerry Nauman

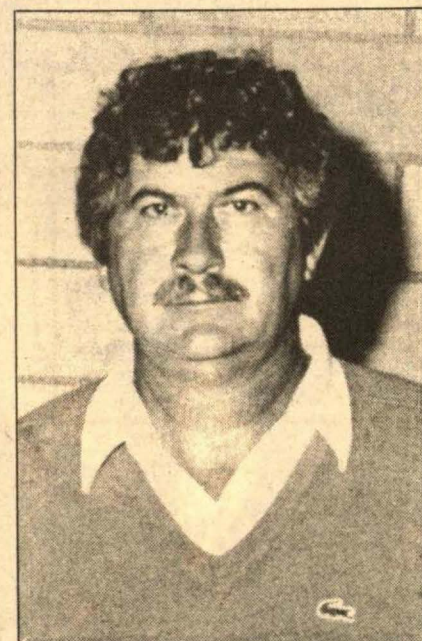


Last Year:

NIC 7-5 (2nd)
Overall 14-14

Last year Winona was the surprise team of the conference, as they posted a second-place NIC finish and went all the way to the NIC Championship game, only to lose to the University of Minnesota-Duluth.

Winona lost three starters from their team, but most important among them was Jason West. West averaged 20.4 ppg for Winona, and was a first-team All-NIC selection along with being co-holder of the NIC Most Valuable Player Award with Mike Bednarek of Moorhead State. Along with West, Mark Hesse, a second-team All-NIC selection and Tim Buddenhagen also graduated, leaving some big shoes to fill.



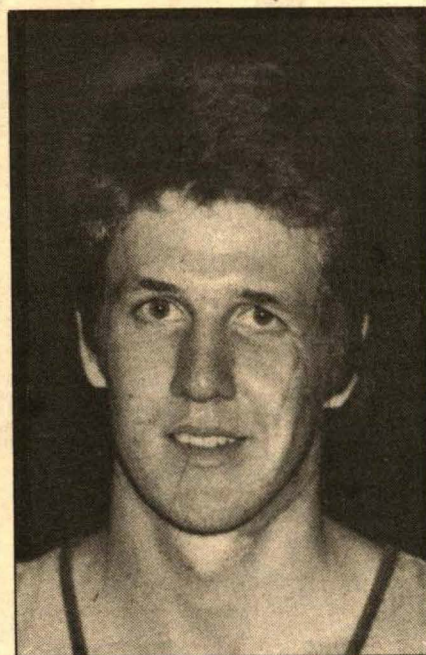
Jerry Nauman

This year's team will be led by tri-captains Barry Burkhardtmeier, a 6'4" senior forward; Kevin Kelley, a 6'5" senior center; and Dale Wiebke, a 6'3" junior guard.

The Warriors' strengths lie in their guard and forward play, as they have a multitude of players to fill in at either of those positions.

The center position looks to be the weak link to this year's team, as Kelley will have to improve on his scoring and rebounding totals of 3.6. Although the

Warriors do have some good size at center, the talent will have to develop to be viable enough for the Warriors to contend.



Barry Burkhardtmeier

Winona will be a well-traveled team, as they played four teams from California in non-conference play earlier this season.

Head Coach Jerry Nauman feels the conference race will be very close with Minnesota-Duluth leading the way. But, he adds, "We have just as good of a shot at returning (to a second place finish) as anybody."

MINNESOTA-MORRIS

Head Coach: Perry Ford

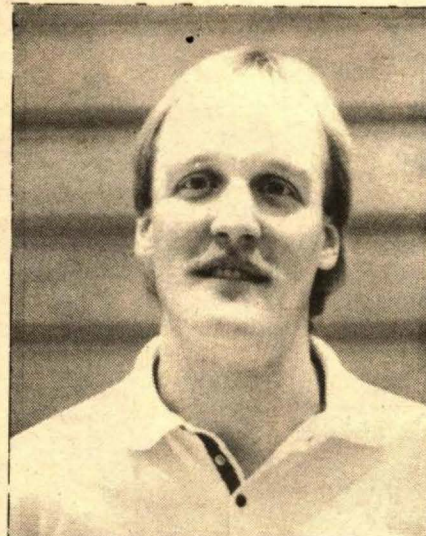


Last Year:

NIC 6-6 (3rd)
Overall 13-14

The University of Minnesota, Morris, under the direction of first-year coach Perry Ford, surprised many last year by posting a 6-6 conference record and in doing so qualifying for the playoffs. The Cougars, who had not won a conference game in close to two years coming into last season, hope to build on last year's play and become a legitimate contender for the NIC title.

The Cougars will be returning four starters. They are led by the potent inside game of Dan Gustafson, a 6'5" senior forward, who led Morris with a 15.9 ppg average and was named to the All-NIC second team last year. Other starters returning are John Van Kempen, a 6'8" senior center who finished fifth in rebounding in the



Perry Ford

4th annual event in Duluth

It's almost time once again for the Northern Intercollegiate Conference Holiday Basketball Tournament.

The fourth annual event will be staged at the University of Minnesota-Duluth's Physical Education Building on Dec. 28-30. Last year's tournament was also in Duluth but at the Duluth Arena.

The 1986 NIC Holiday Tournament is bound to be a dandy. UMD, which has walked away with the first place hardware in two of the tournament's three years, virtually cake-walked to the championship game a year ago, and then came up 58-51 winners over UW-La Crosse in the title game.

But things will not be as easy in 1986. Although UMD has been tabbed by the media as favorites to repeat as conference champions, other

schools in the league such as Minnesota-Morris and Northern State, could very well challenge for the top spot.

The top spot in the league was never in doubt last season, as the Bulldogs of UMD breezed through the conference schedule to an 11-1 record and their fourth league title in the last five years. Winona State was second, four games behind the leaders, finishing at 7-5.

The NIC Holiday Tournament, which was housed in Aberdeen, SD, home of the Northern State Wolves its first two years, is billed by the league's coaches as a great opportunity to see a lot of quality basketball.

Following is a preview of each team as well as information about the 1986 version of the NIC Holiday Basketball Tournament. Enjoy.

Moorhead State

Dec. 28
2 p.m.

Bemidji State

Southwest State

Dec. 28
4 p.m.

UM-Duluth

Northwood

Dec. 28
6:30 p.m.

Northern State

Winona State

Dec. 28
8:30 p.m.

UM-Morris

Dec. 29
6:30 p.m.

Dec. 30
8:30 p.m.

Dec. 29
8:30 p.m.

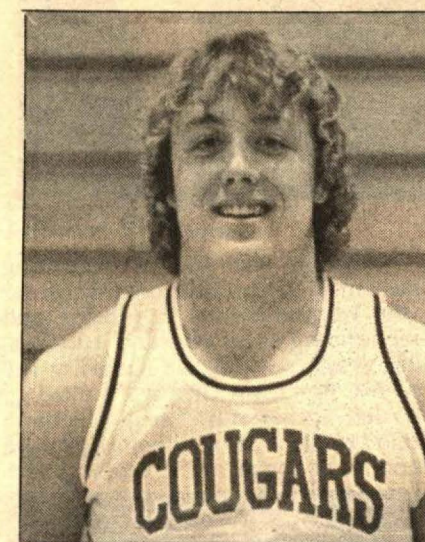
This Subject to Change

NIC; Ira Whitlock, a 6'2" junior guard who placed ninth in conference scoring; and Jamie Moore, a 6'0" senior guard who is a crafty ballhandler. Also returning for the Cougars will be part-time starters Jeff Olsen, a 6'2" senior guard and Dan Dahlgren, a 6'3" junior forward.

Ford feels the Cougars played a very competitive non-conference schedule, which provided good experience for his team earlier this season.

The strengths of this team are their experience and front-line depth, especially at the forward position. Terry Nelson, a 6'3" junior forward who was red-shirted last year looks to be an important addition to the Cougars' team depth.

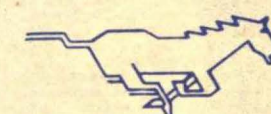
"We want to improve on our third-place finish of last year," said Ford, "because we have everybody back."



Dan Gustafson

SOUTHWEST STATE

Head Coach: Pierre duCharme



Last Year:

NIC 5-7 (7th)
Overall 12-16

Southwest State finished fourth in the NIC last year, qualifying for the NAIA District 13 playoffs with a 5-7 conference record. The Mustangs graduated four key players from last year's team though, and a repeat appearance in the playoffs in 1986-87 will take a lot of work.

Headlining the list of lost players is Mike Tobin. Tobin left Southwest State as its all-time leading scorer (1,600 points). Tobin was also the Mustangs' leading rebounder last season and a second-team All-NIC member. Others lost were Chris Theobald, a solid rebounder; Tom Bowens and Dave Mork. Together, the four averaged 45.7 points and 21.4 rebounds per game last year.

Southwest has eight players returning. Most notable are James Ashley, a 6'3" senior guard who

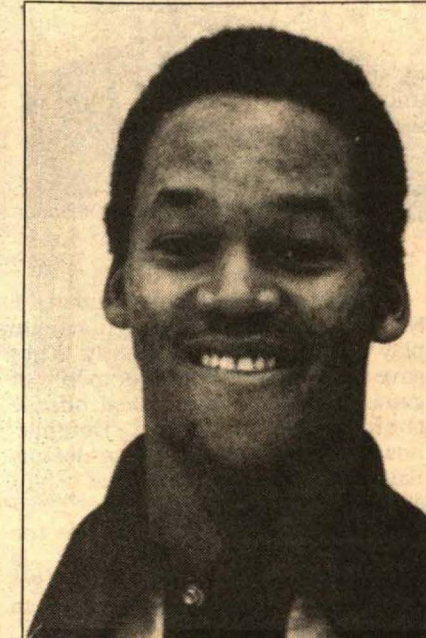


Pierre duCharme

averaged 11.7 ppg and 3.2 rpg, and Juan Mitchell, a 6'2" senior guard who averaged 11.1 ppg and was third in NIC rebounding with an average of nine per contest. Together these two provide an exciting and explosive backcourt.

Head Coach Pierre duCharme feels his team strengths lie in its quickness and outside shooting. Although the Mustangs have quite a bit of size (four players listed at 6'9" or better), duCharme feels that won't be a factor until his young players develop.

duCharme feels his team has weathered a very competitive non-conference schedule, playing some of the best teams of South Dakota, Iowa, and Minnesota, which should help them coming into the tournament.



Juan Mitchell

duCharme is starting from scratch this year but feels his team will be viable late in the year.

"We have some young talent, and when they develop we'll be a good team," he said.

duCharme, like many other coaches, feels the conference will be very competitive but he feels his team fits into the playoff picture.

"Once our talent develops, I see us vying for a playoff position."

MOORHEAD STATE

Head Coach: John Nelson



Last Year:

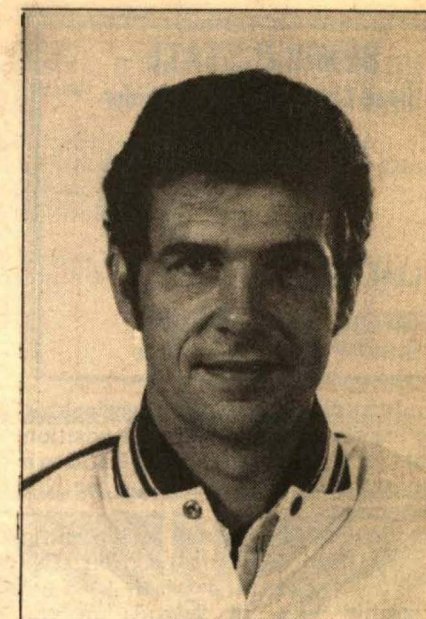
NIC 4-8 (7th)
Overall 12-15

Moorhead finished at 5-7 in last year's NIC race, just missing the playoffs. They dropped their last six conference games in large part due to the loss of Mike Bednarek, who went down with a knee injury. Bednarek, last year's co-holder of the NIC Most Valuable Player Award with Jason West of Winona State, graduated last year, further adding to the woes of Head Coach John Nelson.

Nelson feels the 1986-87 Dragons are composed of many equally talented players.

"I feel everybody on our team has equal ability," said Nelson, "We're well balanced and depth is definitely our strength."

The Dragons' leading returner is Henry Thomas, a 6'3" senior forward who was a second team All-NIC selection last year, averaging just over 19 points and five rebounds per game. Also returning are the backcourt

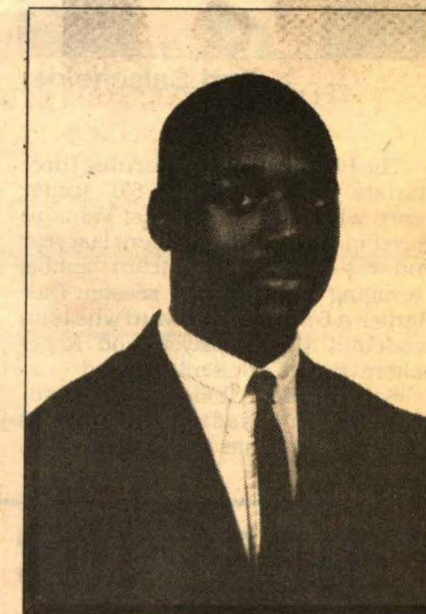


John Nelson

tandem of Tom Birrenkott, a 6'1" junior, and Tom Steinke, a 6'1" sophomore, as well as Lee Newman, a 5'10" senior guard, and Peter Larson, a 6'7" junior forward.

For the Dragons to contend they will have to develop an inside game in the absence of Bednarek. Although Larson filled in adequately for Bednarek toward the end of last season, he will have to improve on his scoring and rebounding total of 6.4 ppg and 2.9 rpg if Moorhead is to challenge in the conference.

Nelson characterizes his team as an "ugly team that plays hard." That could be the key to Moorhead in 1986-87 as hard work is imminent to their success.



Henry Thomas

"We just have a lot of good kids," said Nelson. "It will just be a question of who will play well on any given night."

Nelson sees his team finishing somewhere in the middle of the conference, and hopefully contending for a playoff position.

CREDITS

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Northern State could be surprising in NIC

BEMIDJI STATE

Head Coach: Karl Salscheider

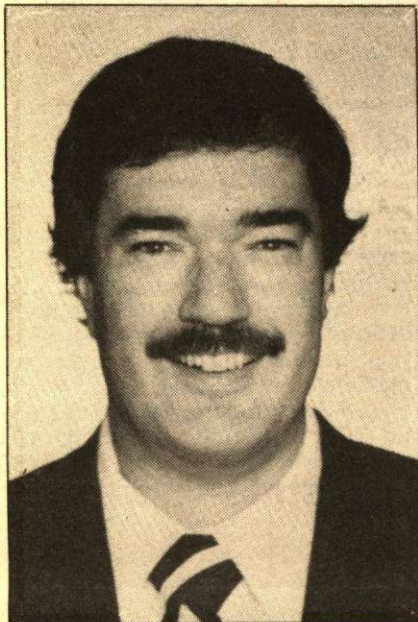


Last Year:

NIC 4-8 (T6th)
Overall 12-15

Bemidji State is definitely looking to improve on its conference position this year, as they finished 4-8 and in a tie with Northern State for the NIC basement.

Karl Salscheider will be returning to his head coaching position after being on academic leave in 1985-86. Coming with his return is the optimistic feeling that the Beavers can contend if they stay healthy.

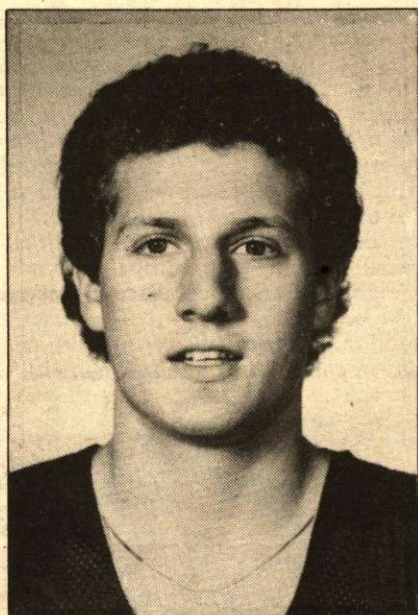


Karl Salscheider

The Beavers will be returning three starters in David Lee, a 6'0" junior guard who was named Most Valuable Player of the NIC Tournament last year and was an All-NIC first team member averaging 18.6 ppg last season; Dale Harper, a 6'5" senior forward who is an academic All-NIC player; and Roger Ackerman, a 5'10" senior guard.

Salscheider feels their non-conference schedule is not as attractive as it has been in the past,

but adds that many of their games were played on the road. Bemidji lost its opening game against Eau Claire, one of the top-ranked NAIA teams in the nation.



David Lee

If Bemidji is going to contend in the NIC this year, they are going to have to play much better defensively. They gave up almost four points more per game than their top-ranked offense could score last year. Defense, however, could be a stumbling block as Salscheider sees his depth and height as questionable.

Guard and forward play are the Beavers' strengths, and that is understandable since they should get outstanding and spectacular play from Lee and Harper.

Salscheider calls the NIC "very balanced" and said, "I feel that the team that plays the best on the road will challenge for the NIC title."

NORTHERN STATE

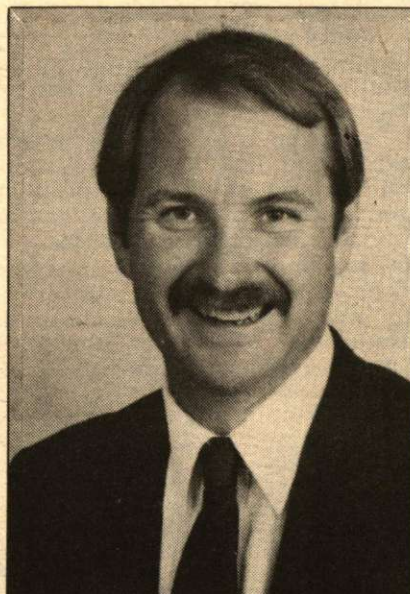
Head Coach: Bob Olson



Last Year:

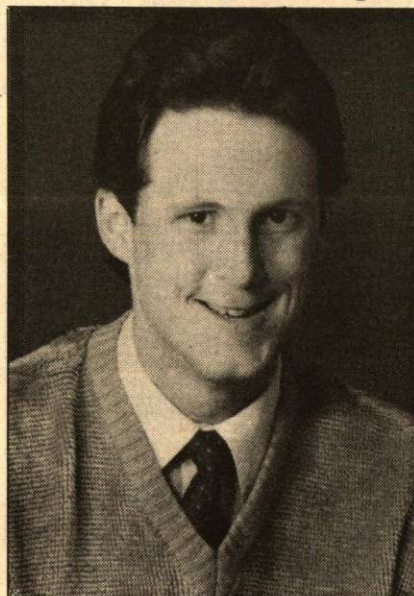
NIC 4-8 (T6th)
Overall 10-17

Northern State had a tough go of things in last year's NIC. They were 4-8 and tied for last in the conference with Bemidji. Head Coach Bob Olson feels that could all turn around though, as they will return four starters to this year's team.



Bob Olson

Heading the list of returning starters is James Griffin, a 6'8" senior who led the Wolves in scoring and rebounding (21.9 ppg and 10.8 rpg) last year, and was also named to the All-NIC first team. Griffin is backed up by Jeff Turner, a 6'5" senior forward; Bob Liddell, a 6'6" sophomore forward and Mark Logan, a 6'1" senior guard.



Jim Griffin

Coming into the NIC tournament, Olson feels his team has played a competitive non-conference schedule. They played only two of a scheduled 11 games at home so the Wolves will be an experienced road team coming into the tournament.

Olson feels the strength of his team is their experience.

"I feel we'll have a much stronger inside game this year, because these guys now have the experience of playing together for a year," said Olson. "I think we'll also be deep at the guard and forward position."

Although the experience of this year's team is important, Northern will have to rebound and play better defensively to improve over last year's 4-8 record.

Parity of teams in the NIC this year seems to be in the back of everyone's mind and Olson doesn't vary from that opinion. But, he added, "If we play to our potential we'll be a contender for the NIC crown."

NORTHWOOD INSTITUTE

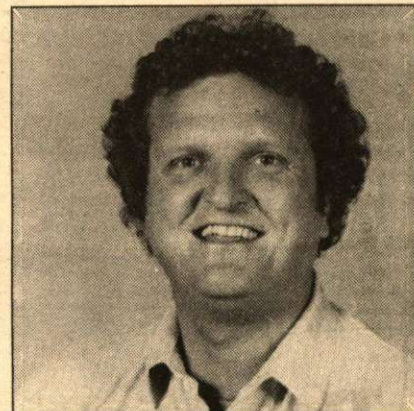
Head Coach: Pat Miller



Last Year:

GLIAC 4-12
Overall 11-16

Northwood Head Coach Pat Miller, who is in his 11th season at the helm of the Northmen program, will bring all five starters from last season's 11-16 squad to Duluth to participate in the NIC tournament. Northwood is the only non-NIC participant in the tournament. An eighth team is invited each year to simply round out the field.



Pat Miller

1985 NIC Tournament results

First Round

Minnesota-Morris 67
Moorhead State 64

UW-La Crosse 80
Southwest State 75

Bemidji State 81
Northern State 70

Minnesota-Duluth 71
Winona State 41

Second Round

Southwest State 68
Moorhead State 66

Winona State 78
Northern State 70

UW-La Crosse 71
Minnesota-Morris 70

Minnesota-Duluth 74
Bemidji State 56

Third Round

Championship

Minnesota-Duluth 58
UW-La Crosse 51

3rd Place

Bemidji State OT 87
Minnesota-Morris 86

5th Place

Winona State 79
Southwest State 70

7th Place

Northern State 60
Moorhead State 59

Back are guards Kevin Austin, a 6'3" junior, who averaged 11.9 ppg and 4.0 rpg and James Simmons, a 6'2" junior who scored 16.7 ppg and 3.5 rpg. Miller is very high on his two backcourt aces.

Kevin Brown, the team's leading scorer and rebounder (17.0 ppg, 7.4 rpg) returns at one forward position, and his 6'6", 210 pound frame is intimidating to opponents. Also back at forward is Fred Ashe, a 6'3" senior who was good for 16.1 points and 6.6 rebounds per game a year ago. Reggie Taylor (6'5", 205) returns at center for his senior season, however, that may be one of the Northmen's weak areas.

According to Miller, Northwood is a "very offensive minded team." Last season, Northwood averaged just over 80 points a ball game.

Northwood is a member of the nine team Great Lakes Intercollegiate Athletic Conference and finished with a 4-12 record in league play a year ago, good for last place.

"I think we'll do fairly well this season," said Miller. "We've got the most depth we've had since I've been here and that is something to look forward to. We're picked to finish fifth in the conference this season and hopefully we can fulfill that pick and possibly finish even higher."

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Heart Healthy Recipe

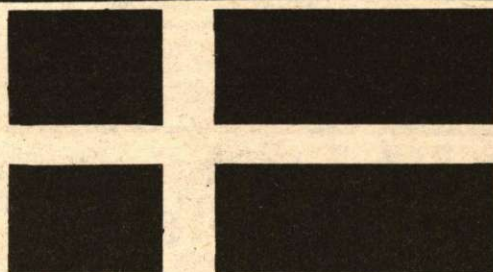
WILD RICE WITH MUSHROOMS

- | | |
|---|------------------------|
| 1 cup wild rice or long-grained rice and wild rice combined | 2 tablespoons oil |
| 1/3 cup green onions or shallots | 1 tablespoon margarine |
| 1 cup fresh mushrooms | |

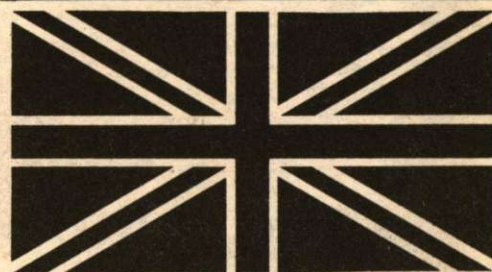
Steam the rice or cook according to directions on the package.
Sauté fresh mushrooms and green onions in the oil. Stir in margarine and freshly ground pepper. Serve hot.
Yield: 6 servings Approx. cal serv.: 190

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WEDNESDAY ★ The Brass Phoenix's Famous Ladies Night -
Ladies pay a \$2 Cover Charge and receive any
Tap Beer, Wine or Bar Drink for 15¢ ALL NIGHT.

THURSDAY ★ 7-11 Special - 7-11 p.m. \$2 Pitchers **Bud Light** or **Michelob**

FRIDAY ★ 4:30 to 6 p.m. - Complimentary Hors D'oeuvres
6 to 10 p.m. - \$1 Special on All Domestic Beer, Wine and
Bar Drinks, (plus Chances to Win up to 10 for 1 during all
aired UMD Bulldog Hockey Games.)

SATURDAY ★ 7 to 10 p.m. - \$1 Special on All Domestic Beer, Wine,
and Bar drinks, plus chances to win up to 10-for-1
during all aired UMD Bulldog Hockey Games.

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CAMPUS AA, Wednesdays and Thursdays at 1 p.m. in K351; Adult Daughters of Alcoholics support group, Tuesdays at 5:30, K333.

ARE you a compulsive eater? Call Student Health Clinic, 8155, for help.

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DAVID - Thanks for six wonderful months. Have a Merry X-Mas. Have a great break. I'll miss ya! Love, Jane.

SANDY, Chicken strips are a great idea! Does that include a drink afterwards? ?Who

BRIAN K. - Did you get your Christmas card? Don't try to figure out who sent it, we've never met...XXO

MR. KPB SKIBNESS, you big nark - we don't get mad, we get even! You-felcher-you! Love always...T & D

PREGNANT and afraid? Need a friend? Call for free pregnancy testing and free confidential counseling. Call 723-1801.

WILL "E" - Although right now we are "just friends" and take each day by day. You always give me warm fuzzies, when you flash your smile my way. I hope some day we can be more. We seem to have such fun. But until that day does finally come, Just remember that you're a "cutie" hon! Merry X-Mas, Your Neighbor "Friend"

BRANT our No. 1 guest. Thanks for being at our party the entire time. It wouldn't have been the same without you. Susan and Mary.

SHEILA & LORRI, Aren't you lucky you got us for roommates?! The Ouija board must've predicted it years ago. Merry Christmas and the New Year can only get better! Love, The Bestest Roommates, Kim & Tam

TO OUR FRIENDS: 'Tis the season to be jolly. Hope you all have fun & foily. Drinks and women and all kinds of fun. To one, to all, Hodge & Flip wish you to have a ball. Merry Christmas!

BAMMERS- Can't wait for break. No matter what we do, I'll be in heaven 'cause I'll be with you! Love Forever and ever, Peppy Poo

SUSIE - Happy 20th Birthday! Sorry there won't be any surprises anymore, but we'll be sure to make it memorable for you. You're the greatest. Love, Me

LOOKING for a college organization to join? Well, check out the International Club -- voted "Outstanding Student Organization" on campus last spring. See what we are all about, and meet a lot of friendly new faces. Our meeting is at 3 p.m. today in K333 and at 3 p.m. in K355-357 for the rest of the quarter. We will be expecting you!

PEBBLES, Thanks for such a wonderful anniversary last weekend. I can already tell that we will have forever more! We are so perfect, that it seems like we have known each other longer than we really have. I fell in LOVE with you the first time I saw you: and every time I see you now, I fall in love again! Love always, Bam Bam

HEY STEPH, you were all-Wright on Saturday nite. I hope we can DO IT again soon. Schu (Spongy)

HONEYBEAR-MANIA is running wild. Catch it this Winter Quarter!

TWINE State Bass Basketball Fans!! The 2nd Annual Pep-Fest and Post-game Party will be happening Wednesday, Jan. 7. Pep-fest starts at 7 p.m., game time 9:15. Contact local Bass members for details.

THANKS to all those that came and made a huge success of our Headband-Sunglass Party at the Happiness Hotel. Get ready now for our upcoming post-New Year's Eve party. Have a Merry Christmas. Be there, aloha. S.W.A.

ANONYMOUS Alcoholics organizational meeting Sat., Jan. 10 at Boomer's. Come discuss your problems over a few beers.

DO YOU like art? Think about art? Talk about art? Look at art? Or -- is your name Art? Then there will be an all student exhibition in the Kirby Lounge, Jan. 12-17. Check it out!

CONFIDENTIAL birth control, pregnancy testing, V.D. testing/treatment. Duluth Community Health Center, Lake Ave. and 5th St. M, T, Thurs. Clinics. Call for hours and appointment. Donations requested. 722-1497.

ATTENTION: All Campus Organizations - With the new year approaching, the time is right to take the lead and indicate positive change in your group. All goals and objectives assume you have the good health and adequate energy to help you reach them. Smoking is detrimental to your group's effectiveness. The Student Health Clinic can help. Call now, 726-5188.

'TWAS the night before Christmas, and all thru the school, Not a freshman was moving, They're such little fools. All the transcripts were hung, By the chimney with care, In hope that the flames soon would be there. Then what to my wondering eyes should appear, An F in Geology, I need a beer. A little old prof so witty and quick, I knew in a moment he must be a prick. And more rapid than Bulldogs his TAs all came, As he shouted on Franky, and each TAs name. And so down to his class, his students soon flew, With a mind full of anger and hostility, too. Down the hallway he came with a glow and a gall. He was all dressed and ready to give a final. He spoke not a word, but went straight to his work, He passed out the tests, and then turned like a jerk and laying the exams on each of our desks, We envisioned our parents slicing our necks. But I heard him exclaim as another joke went stale, "Merry Christmas to all, and to all a good fail." —NJS—

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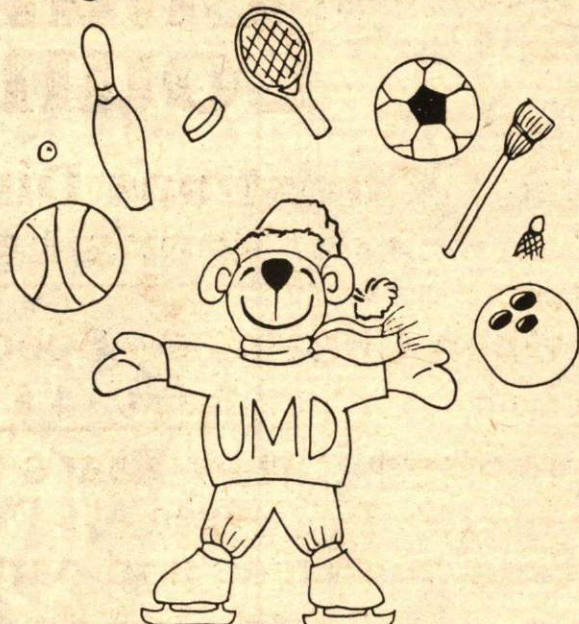
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TODD KURAN: Merry Christmas! Ho ho ho! Have fun under the mistletoe! Love, your Secret Santa

COMING SOON. HONEYBEARS!

POOGIE, Merry Christmas! Poog

JEN, Donna & Kath, Merry Christmas and Happy New Year! Hope you all have a good break - you are the best roommates anyone could ask for! Love, Sonja

CHRISTMAS Break hasn't started yet but we're planning for your return. Boomers, Sat., Jan. 10. Prevent hangovers, stay drunk!!

REMEMBER: Tomorrow, Friday the 19th, is the last day to pick up books and checks from Book Exchange. Located in S.A. Lounge.

PRACTICE drinking New Year's Eve for the PARTY Jan. 10th at Boomer's. You'll have the need, we'll have the booze. Let us help you!

HEY SWEETIE, Can you believe it's been a whole year? Too many good times to count. (No more pizza parties, please). Merry Christmas and a Noxema New Year. Weezy

DUKE, Bo-boosh & Eggo - You're the best roommates a guy could have. I hope you have a great Christmas, and thanks for putting up with me! -Scooter

CONCERNED about your own or another's chemical use? For confidential information and assistance, call Peg Mold, 8155.

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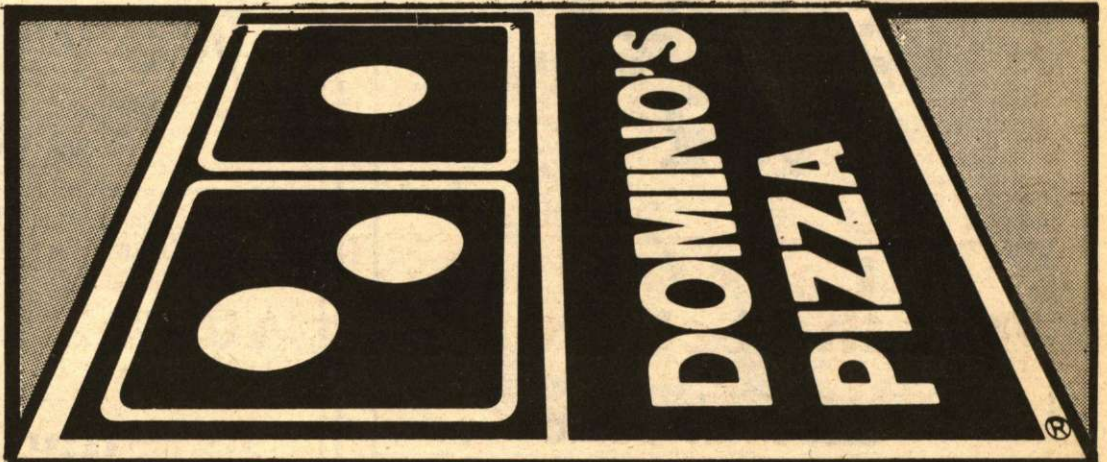
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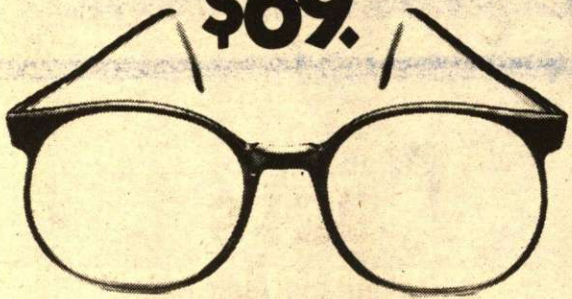
Free munchies and party favors
*Music by LASH

Wed., Dec. 31, Thurs., Jan. 1, Fri., Jan. 2, Sat., Jan. 3

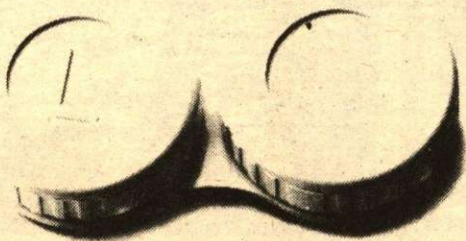
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